Office of Elderly Affairs State of Louisiana Office of the Governor

John Bel Edwards Governor



VERIFICATION OF INTENT

The State Plan on Aging is hereby submitted of the State of Louisiana for the period of October 1, 2019 through September 30, 2023. It includes all assurances as well as plans to be implemented by the Office of Elderly Affairs under provisions of the Older Americans Act, as amended, during the period identified. The Governor's Office of Elderly Affairs has been given the authority to develop and administer the State Plan on Aging in accordance with all requirements of the Act, and is primarily responsible for the coordination of all State activities related to the purpose of the Act, i.e., the development of comprehensive coordinated systems for the delivery of nutrition, in-home and supportive services, and to serve as the effective and visible advocate for the elderly in the State.

This plan is hereby approved by the Governor's designee and constitutes authorization to proceed with activities under the plan upon approval by the Administrator and Assistant Secretary for Aging.

The State Plan on Aging as hereby submitted has been developed in accordance with all federal statutory and regulatory requirements.

I hereby approve this State plan on Aging and submit it to Administrator @ Assistant Secretary for Aging. This constitutes authorization to proceed with activities under the Plan upon approval by the Assistant Secretary on Aging.

7-18-19

(Date)

yder

Ms. Karen J. Ryder Executive Director Office of the Governor Office of Elderly Affairs

Louisiana State Plan on Aging

For the Period

October 1, 2019 through September 30, 2023



John Bel Edwards Governor

Office of the Governor Office of Elderly Affairs

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Executive Summary

The Louisiana Governor's Office of Elderly Affairs, as the State Unit on Aging for Louisiana prepares the State Plan every four years as required by the Administration for Community Living (ACL) which is under the U.S. Department of Health and Human Services. The Louisiana State Plan for FY 2020-2023 provides a directive to the Louisiana State Unit on Aging and complies with the guidance and instructions provided by ACL (ACL/AOA-PI 14-01). Louisiana has 35 area agencies on aging to serve the older citizens of the state. Of these 35 area agencies on aging, there are 4 multi-parish (County) area agencies and 32 single parish (County) area agencies. According to the American Community Survey (ACS) 5 year estimate for 2017, there are 936,828 persons over age 60 in the state of Louisiana. Census projections reflect an increase in population for persons over age 60 to exceed 1 million persons over age 60 in Louisiana by year 2020.

In order for Louisiana to continue to plan and serve the ongoing and future needs of Louisiana's older adults and their caregivers, and to meet the requirements of Section 307 of the Older Americans Act (OAA), the Governor's Office of Elderly Affairs (GOEA) will use this document as a guide to deliver services to the state's aging population. GOEA will work collaboratively with older citizens, their caregivers, the aging network of state and community agencies who provide supportive services and all other stakeholders within Louisiana. GOEA will promote the aging needs and services along with our federal and state government partners, so that all may move forward collaboratively to serve effectively and efficiently. Sustainability of services as the elderly population increases, availability state and federal funding, and loss of institutional knowledge due to retirements will be a key challenge over the next four-year plan period.

There are many challenges in meeting the needs of the aging population and their caregivers, but we must strive to address and overcome as many challenges as possible to continue to move forward in our service to the elderly of the state of Louisiana. Louisiana's fiscal budget has somewhat stabilized, but Louisiana continues to be challenged to find new ways to meet the needs of our increasing population. The increase in the unit cost to provide services (transportation, salaries, utilities, raw food costs, insurance, etc) will continue to challenge and the increase the number of elderly residents of Louisiana registered on waiting lists for essential services. An increase in the minimum wage will hinder the provider agencies in budgeting and allocating funding for services. In an effort to meet these challenges and continue meeting the needs of the elderly in the state, GOEA will continue to strengthen partnerships and collaborate with other agencies who provide service delivery to the elderly and disabled citizens of Louisiana. Collaborative partnerships have been established with the Louisiana Department of Health, Disability Affairs, Department of Insurance-Senior Health Insurance Information Program (SHIIP), Inter-tribal Council on American Indians and quasi-governmental agencies to serve the aging and disabled population in an effort to meet the growing needs of Louisiana. These collaborative partnerships will work for the aging and disabled network to increase access by older adults and provide additional resources to the older individuals, caregivers and disabled citizens of Louisiana. Title III and Title VI programs will be coordinated to ensure that all populations are reached efficiently and service delivery is efficient and effective. These efforts will strengthen the capacity of our aging network in Louisiana. GOEA will seek additional funding sources as the state unit on aging and for our partner agencies through grant opportunities, which will enhance funding for service sustainability and service enhancement.

Louisiana aging network strengths is the capacity to provide access to local information and resources. Access to information and resources are provided by the Area Agencies on Aging, Councils on Aging and the eight (8) regional Aging and Disability Resources Centers (ADRC) and SenioRx Programs. The ADRCs in Louisiana provide full range resources for long-term care needs, provide information, access to long-term care (LTC) options, LTC and Medicare counseling, prescription assistance and local resources to meet the needs of the older individual, caregivers and disabled individuals who may be at any age. The ADRCs work collaboratively with the area agencies on aging, councils on aging and other community agencies to ensure the resources are available to meet the client's needs. This tool is valuable to allow our older and disabled individuals to remain in their homes and community as long as possible. The ADRCs serve as the "No Wrong Door" program for Louisiana.

In an effort to ensure the agencies have the most up to date needs of the older individuals in their Planning and Service Area (PSA) and their communities, Louisiana's 35 area agencies on aging (AAA) must submit area plans. These area plans are to include strategies to facilitate the development of services to meet the needs identified through the individual and community needs assessment process, to collaborate in the ADRC's with options counseling, to assure and improve the quality of services provided and to provide evidence-based health promotion and disease prevention programs using the III-D funds. Effective January 1, 2019, the PSA for Allen parish was merged with the CENLA multi-parish service area. The Allen Council on Aging relinquished the AAA designation through a board resolution dated October 19, 2019. A public meeting with the parish government for which the Allen Parish Police Jury passed a resolution of support for the merger. CENLA board of directors accepted Allen parish into the PSA on on October 23, 2018. There were no public comments for this re-allocation/merger of the PSA. In accordance with the area plan processes, the CENLA area agency held community and public hearings for the needs assessment and development of the 4-year area plan. These hearing were held in each parish of the PSA, which included Allen parish. There were no comments with regards to the designation change. The merger of Allen PSA with CENLA AAA was a smooth and seamless transition to the constituent base. For all area agencies, community meetings and public hearings to advise the public of the needs assessment results and receive comments were held to confirm needs addressed in the area agency area plans across the state. Comments and public input are documented and were reviewed in the plan approval process. As a component of the 35 AAA area plans, each AAA reviews the agency's Emergency/Disaster Plan annually for modifications and changes. If modifications or changes are made to AAA Emergency/Disaster Plan, the new plan is submitted to GOEA for review and approval. The Emergency/Disaster Plan once approved becomes a component of the Area Plan.

While it is imperative to assess the needs of individuals to afford the opportunity for the older individual to remain in their homes and live independently for as long as possible, the residents of long term care facilities rights must be sustained. The Louisiana State Long-Term Ombudsman educates and promotes the rights of these long-term care facility residents. The Ombudsman will work to sustain those rights and that protocols are in place so that the resident who is eligible for transitioning back into their home and/or community setting have the ability to do so.

Louisiana continues to educate and collaborate with other agencies to increase awareness of Elder Rights. Effective statutes have been completed the legislative process and signed into law to protect older adults from abuse, neglect and exploitation. Elderly protective services program has been moved back to GOEA in July 2016 from the Louisiana Department of Health /Office of Aging and Adult Services (LDH/OAAS). GOEA continues to work with LDH/OAAS to maintain the rights of the elderly. All aging network and contract agencies to GOEA will be offered and provided education sessions on elder abuse. Topics for public education are "What is Elder Abuse?", "Which Statutes Protect Older Adults and Citizens?", and "Who/Where To Call If Abuse Is Detected?". The aging network (AAAs, COAs and ADRCs) are encouraged to collaborate with the local Senior & Law Enforcement Together (SALT) coalitions and Law Enforcement, Senior Citizens and Community Groups (TRIAD) to enhance the community awareness of elder abuse signs and symptoms.

It is GOEA's *Vision* that Louisiana will be a desirable and satisfying place to age. The *Mission* in Louisiana is to serve as the focal point for the development, implementation and administration of the public policy for the State of Louisiana, and address the needs of the state's elderly citizens. GOEA as the State Unit on Aging as directed by the Governor of Louisiana and the State Legislature is committed to the following *Philosophy*:

Advocating for the needs and rights of all older Louisianans. Improving the quality of life of our older citizens by encouraging and providing the means to achieve active, healthy, independent lives. Building partnerships with communities, organizations, agencies, families, and individuals to ensure the availability and accessibility of a continuum of services for all older Louisianans. Promoting public awareness and education about the aging process, trends in the aging of current older population, and projections for future generations of older persons. Supporting intergenerational activities, which foster mutual understanding and support, shared values, and personal responsibility. Providing intervention in the exploitation and abuse of elderly Louisianans.

To ensure that the Vision, Mission and Philosophy of Louisiana are met, the State Plan for FY 2020-2023 will serve as a guide with the following Goals:

- **Goal 1- Information**: GOEA will provide information regarding the interests of older persons in Louisiana.
- **Goal 2 Protect Rights and Prevent Abuse**: GOEA will work collaboratively with Elder Rights agencies to enhance the rights of older individuals and to prevent abuse, neglect and exploitation.
- **Goal 3 Long Term Services and Supports**: GOEA will enable older individuals and individuals with disabilities to live in their communities through the availability and access to long-term services and supports, including supports for families and their caregivers.
- Goal 4 Empowerment and Self Determination & Control: Provide education and resources to empower elderly individuals and their families to make informed decisions about their health, independence and well-being.

Context

The Louisiana State Plan on Aging 2020-2023 provides strategic direction to the Louisiana State Unit on Aging (SUA) and complies with the guidance provided by the Administration for Community Living (ACL) Administration on Aging (AoA) in the program instructions AOA-PI-14-01. This State plan is a contract with ACL/AOA and allows Louisiana to receive funds under Title III and Title VII of the Older Americans Act.

Vision: Louisiana will be a desirable and satisfying place to age.

The State Plan has been prepared by utilizing data collected in the Needs Assessment component of the AAA Area Plans. The AAA (36) Assessments/Surveys were conducted in conjunction with the preparation of the Area Plans for Title III funding from the State Unit on Aging (GOEA). Surveys were distributed to individuals who receive services from the AAA, Community partners, local and parish governmental officials, staff, faith-based organizations and other stakeholders in the communities of each Public Service Area (PSA) for each AAA within the state of Louisiana. The needs assessment survey data suggests that the services that are considered highest priority are as follows:

- Information and Assistance/Access to services and resources
- Meals (Congregate and Home Delivered Meals)
- Transportation

Other services listed as a priority were Personal Care, Safety/Elder Rights, Utility Assistance, Insurance/Medicare Information, Prescription Medication Assistance, Wellness, Recreation and Exercise, Dental/Hearing/Vision Assistance, Senior Centers (closer to the older person's home), Sitter Service, Affordable Housing, Health Screenings, Falls Prevention, Homemaker services and Minor Home Repairs. Services listed above are currently being provided in the designated PSAs, but the AAAs may have waiting lists due to funding shortfalls. Outreach for the target population is conducted by the AAAs to reach older adults throughout Louisiana and provide information and access to resources for services to assist the older person in making informed decisions and exercise self determination and control about their life and well-being, thus allowing older individuals to remain in their communities for as long as possible. Target population is defined as older individuals who are age 60 or above who are economically and socially needy, which may include individuals who are of minority race, individuals who reside in rural areas, individuals who are of Native American heritage and individuals who may have limited English speaking abilities.

Mission: To serve as the focal point for the development, implementation, and administration of the public policy for the State of Louisiana, and address the needs of the state's elderly citizens..

Since inception of the Louisiana Commission on Aging in 1956 by the Louisiana Legislature,

Philosophy: The Governor's Office of Elderly Affairs as the sole state agency as directed by the Governor and the Louisiana Legislature is committed to:

Advocating for the needs and rights of all older Louisianans. Improving the quality of life of our older citizens by encouraging and providing the means to achieve active, healthy, and independent lives. Building partnerships with communities, organizations, agencies, families and individuals to ensure the availability and accessibility of a continuum of services for all older Louisianans. Promoting public awareness and education about the aging process, trends in the aging of current older population, and projections for future generations of older persons. Supporting intergenerational activities, which foster mutual understanding and support, shared values, and personal responsibility. Providing intervention in the exploitation and abuse of elderly Louisianans.

The Office Elderly Affairs in the Office of the Governor was renamed and created in Louisiana R.S.36.259(g) in 1979. The Governor's Office of Elderly Affairs is designated as the official state unit on aging. Overseen by the Louisiana Executive Board on Aging (LEBA) which is an organized board that consists of appointed members from the Governor and the Louisiana Legislature. The LEBA board functions as an entity to advise, report and recommend matters of relevance to the elderly of Louisiana. The LEBA board member appointments and duties are outlined in the GOEA Policy and Procedures Manual in subchapter A, §1103.

As required by the Older American's Act, the State Plan for Louisiana will be utilized as planning document to address activities and programs so the state will be in a posture to better meet the needs of the older persons of Louisiana. In addition to the funds received from the Older American's Act, GOEA receives state general funds and other funding streams through grants to meet the mission of the agency to serve the older persons in the state of Louisiana. Older persons are defined by those who have reached the age of 60 or are older. Many of the services and programs for which GOEA has oversight are made available through GOEA and the service providers. These programs and services are available to our older persons and vulnerable adults so they may remain independent by being empowered to make informed decisions regarding their life, health and wellness. The majority of the services and programs funded from the Older Americans Act and other federal and state funds are provided through contracts with the Area Agencies on Aging. The Louisiana Elderly and Disabled Medicaid Waivers (EDA) is administered by the Louisiana Department of Health. The Senior Health Insurance Information Program (SHIIP) is administered by the Louisiana Department of Insurance. GOEA and the aging network work collaboratively with all service providers within Louisiana for service delivery to the elderly in Louisiana. The area agencies and councils on aging in Louisiana both receive and give referrals to and from the Department of Health, the Louisiana Office of the Attorney General and the Louisiana Department of Insurance.

As the state unit on aging, GOEA is responsible for the administration of the Older American's Act funds and related Home and Community Based Services programs. GOEA will review special studies regarding the health, employment, economic status and wellness of the older persons in Louisiana. GOEA will collect data, statistics and facts so GOEA is versed on all conditions and trends affecting the older persons residing in Louisiana. Through the collection and assimilation of the data, statistics and facts, GOEA is better equipped to provide guidance,

and report trends to the public and private entities so policies and programs can be maintained and enhanced to better serve Louisiana's older residents.

As the SUA, GOEA has input and provides support as a standing member to committees, councils and coalitions that have been developed or formed from other federal or state agencies to serve individuals who may be elderly or disabled. The primary function of GOEA is to serve as the state unit on aging as an oversight agency to provide services such homemaker, home repair and maintenance services, employment and training services for the older worker, recreational and transportation services, counseling, information and referral services, protective services, nutritional services and other health related services. For service delivery, GOEA contracts Older American's Act funds utilizing a disbursement of funds using an approved intrastate formula.

Louisiana has 64 Parishes (counties) with a Council on Aging in each parish. There are thirtyfive planning and service areas (AAAs). Thirty-one of the parish councils on aging are designated as Area Agencies on Aging (AAAs) with the remaining Thirty-three are divided among four planning and service areas. The primary role of the AAA is to serve as the key planning and development agencies within the state of Louisiana on a local community level. Each AAA submits an area plan that will be the planning document for a four year planning cycle. These area plans provide the characteristics, needs, and demographics for the older persons in the planning and service areas. GOEA's approval process for the AAA's area plans has been established to ensure the AAAs plan meets the federal requirements for Older American's Act funds. Included in each AAA Area Plan is a Disaster/Emergency Plan that is reviewed annually. If modifications are made to the approved Disaster/Emergency Plan, the agency's board of directors must approve the modifications and/or changes to the Disaster/Emergency Plan. All 35 AAAs currently have approved Disaster/Emergency Plans. Many AAAs receive additional funding from other state programs, parish government, municipal support, private corporations and private donations. Services may be delivered by utilizing federal, state, and local funds as well as in-kind (volunteer) acts. Like many other states, Louisiana is challenged with a stable but stagnant budget while the number of older persons needing the services increases. Because the needs of the older persons is greater than the funds allocated for service delivery, many of our service providers maintain waiting lists and a priority system is in place so that the older adults in greatest social and economic need and are at a greater risk of institutionalization are classified as a higher priority. GOEA and all aging service providers continue to outreach older persons in Louisiana to provide access to information and services in the economically challenged, rural areas and areas of the state for which Native Americans reside. These efforts will continue to be enhanced through partnerships and coordination of efforts for all older persons utilizing Title III and Title VI funds.

Although Louisiana is experiencing growth in the population of individuals over age 60 at a slower rate than other states, Louisiana is still challenged with a stable but stagnant budget to fund the needs of our increasing population of elderly individuals. Louisiana will continue to research cost sharing. GOEA continues to support the development of a "No Wrong Door" for information and access for all aging services in urban and rural areas of the state. In Louisiana, there are eight regional Aging and Disability Resource Centers (ADRC) which have territories for statewide coverage. The eight regional ADRCs serve as a "No Wrong Door" for services and resources that include the Title III, Title VI, state and local services. In addition to the ADRCs, information and access to services is provided locally by the Councils on Aging (COA). Each

COA is chartered by the Louisiana Secretary of State as a private, non-profit entity. These COA's and aging network partners advertise and market their services locally through radio announcements, social media, flyers, news media, cable network publications, door-to-door service delivery, partnership development, public education and other local partners. The COAs host an annual membership drive and annual membership meeting to elect members for the agency's board of directors. Membership is encouraged to all those in the community who are 18 years of age and above who have an interest or serve as a stakeholder in the concerns and wellbeing of the older persons in that community. Membership is free of charge. Aging news, services and concerns are to be addressed at each annual membership meeting for the councils on aging and public comments are welcomed.

In Louisiana for state FY 2018, data compilation from NAPAS for FY 2018 shows 67,091 persons received 6,386,929 units of Title III registered services. Of those persons served, 43% had income below poverty, 68% were female and 32% were male. With an increasing need for persons receiving services having 24.4% of the population are over age 85. Many of the state's senior centers are under the COAs functional service delivery. There are 139 state funded senior centers for which 2 are federally recognized as NCOA certified senior centers. To be recognized and receive state funds, the state funded senior center must have or provide access to nutrition services, transportation, information and assistance, education, enrichment and wellness services. Opening of new senior center facilities in the more rural areas of the state where services are vastly needed, will continue to be a challenge. The opening of senior centers is a need addressed in the AAA Needs Assessments. Alternative measures and/or partnerships at the local level will need to be established so that these needs are addressed. To ensure that our older population and service delivery is prioritized to serve the most needy, the AAAs will target the underserved older adults with the greatest social and economic need, and who may be at risk for institutional placement and/or defined as economically challenged, low income, isolated with little or no other support system. The following steps are to be taken:

- Encourage and promote inclusion of the most needy, economically challenged individuals are representatives of advisory councils at all levels (local, regional and state)
- Continue the establishment of community focal points and/or service locations that provide easy access to services and health care options for the elderly and disabled individuals who may reside in rural areas, individuals of Native American descent and those with limited English speaking abilities.
- Assure sensitivity of the state unit on aging staff to the special service needs of the economically and socially needy older persons in Louisiana
- Provide technical assistance and training to all aging service providers for increased business acumen (AAA's, COA's, ADRC's. etc)
- Enhance through extended outreach efforts for Title VI and the Native American communities within Louisiana to include state and nationally recognized tribal residents
- Coordinate Title III and Title VI services for all eligible Louisiana citizens
- Provide special needs orientation to service staff and volunteers regarding the economically and socially needy older persons in Louisiana
- Continue and enhance partnerships with other state agencies and service providers to ensure information, resources and services reach the target populations
- Monitor and assess the AAA's in how they respond to the needs of the economically and socially needy older persons of the state, which may include individuals who reside in

rural areas, individuals of Native American descent and those with limited English speaking abilities.

The state plan will set the following goals for the course of the next 4-year period.

- **Goal 1- Information**: GOEA will provide information regarding the interests of older persons in Louisiana.
- **Goal 2 Protect Rights and Prevent Abuse**: GOEA will investigate and work collaboratively with Elder Rights agencies to enhance and maintain the rights of older individuals to prevent abuse, neglect and exploitation.
- **Goal 3 Long Term Services and Supports**: GOEA will enable older individuals and individuals with access to long term care services and supports, including supports for families and their caregivers.
- Goal 4 Empowerment and Self Determination & Control: Provide education and resources to empower elderly individuals and their families to make informed decisions about their health, independence and well-being.

Focus areas of the state plan will be in accordance with the Older American's Act as amended in 2006, Section 307 (a)(2)(c):

Access Services –	30%
In Home Services –	15%
Legal Services -	05%

This requirement is outlined in the GOEA Policy and Procedures Manual, Subchapter B: Area Agency on Aging §1141 which specifies that a minimum percentage of the AAA Title III-B allotment of funding is spent in each of the above priority service categories.

Focus Area I: Older Americans Act (OAA) Core Programs (HCBS)

Home and community based services administered by GOEA are listed in the following categories: Older American's Act Core Programs and State Funded programs. Although Medicaid is provided by the Department of Health, GOEA supports LDH through partnerships and serve on councils, coalitions and committees. The Older American's Act funding provides the funding foundation for services that enable older individuals to remain safe and empowered to make life decisions. This will assist the older individual and will help them remain active and healthy in their own homes and communities. Local provider agencies work with local partners to supplement funding needs.

GOEA contracts with the Area Agencies on Aging (AAA) for provision of service delivery. Providers are required to give priority for services using the targeting factors of rural, greatest economic need (low income), greatest social need, of ethnic minority, severely disabled and at risk for institutional placement. GOEA utilizes Well-Sky, Social Assistance Management System (SAMS) for reporting and statistical data. SAMS is web based, consumer centered tracking, accountability program that documents aging services.

Louisiana will strive to serve all citizens who are over age 60 utilizing Title III funding without distinction of race or ethnicity. Preference for Title III services is given to individuals who may be as follows:

- Underserved
- Have the greatest economic or social need:
 - Low-income
 - o Minority individuals
 - Reside in rural areas
 - Severe disabilities
 - Limited English speaking abilities
 - Victims to Alzheimer's disease or related disorders to Alzheimer's disease
 - o Caretakers of the elderly and disabled
- Native American heritage
- At risk of institutional placement

Title III provides funding for all older citizens for state and community programs on aging and Title VI provides for federally recognized Native American tribal aging programs. GOEA encourages all partners and contracting entities to pursue activities that increase access by the Native Americans to all aging programs and benefits, Title III Section 307(a)(21). Whereas the overall population of Native Americans in Louisiana is less than 1% of the total population, coordination of Title III and Title VI services is cultivated through collaboration with local Native American Tribes who are part of the Louisiana Intertribal Council. Service providers for the older population in Louisiana target potential clients within their planning and service areas and encourage participation in the nutrition programs and other supportive programs offered. Even though the Native American population is small, several of the Area Agencies on Aging (AAAs) have individuals serving on the agency's board of directors and have Native American heritage. Louisiana has 4 federally recognized tribes and 10 state recognized tribes. Terrebonne AAA has the largest Native American (Houma Nation) population in their service area. This Native American tribe is not federally recognized so Title VI funds are not received for services to these Native Americans. The Terrebonne AAA does not distinguish between ethnicity to provide information and access to services. The Governor's Office of Elderly Affairs is currently working with partners in the Houma Nation resettlement of the Isle de Jean Charles residents due to erosion of the land. GOEA, the Terrebonne Council on Aging and Lafourche Council on Aging are involved in the project to ensure the elders of the resettlement interests and needs are met.

Nutrition Services Program: This program provides home delivered meals, congregate meals, and nutrition education. Meals provide the required minimum of one-third of the recommended daily allowance as required by the Food and Nutrition Board of the Institute of Medicine of the National Academy of Science. In addition to providing needed health benefits, meals at the community congregate meal sites provide older adults with socialization. This is a critical service for frail, isolated older individuals. Nutrition counseling is provided by a licensed registered dietitian for an older individual who is receiving services and is at nutritional risk; and nutrition education related to the improvement of health and nutritional well-being. Each AAA

is required to employ a licensed dietitian to plan meals, monitor meal sites and conduct quality control assessments.

Non-Medical Home and Community Based Services: This program provides In-Home Supportive Services, which include Personal Care, Respite Care, Chore, Homemaker, Telephone Assurances, Home Repair/Modifications, Support Services, and Home Delivered Meals. Accessible services include transportation, outreach, and information and assistance/referral. Due to the extensive rural areas of Louisiana, transportation and the cost to provide transportation continues to be a challenge with budgetary constraints. In the AAA Needs Assessment, transportation was listed as one of the priority services across Louisiana. The Louisiana Department of Transportation and Development (DOTD) provides state funding to coordinate accessible transportation services for older adults and disabled individuals through the local governments. The local government utilize community service providers such as the councils on aging for this service. Transportation services are an essential component that provides access to other needed services, which allow older individuals to remain independent in their communities. The Louisiana Department of Health, Office of Aging and Adult Services (LDH/OAAS) administers the state Medicaid Home and Community Based Services to the lowincome adults and elderly. These services support adults age 18 and older to remain in the community and in their homes for as long as possible. The Elderly and Disabled Waiver Program, Adult Day Care Health Waiver, Long Term Care Personal Care Service, and Program for All-Inclusive Care for the Elderly (PACE) are programs funded by Medicaid in Louisiana. GOEA and their contract partners collaborate services so that duplication of service delivery does not occur, while utilizing all Federal, State and local funding to the extent possible to meet the needs of the elderly population of Louisiana.

Disease Prevention and Health Promotion Services (DPHPS): The DPHPS program is an evidence-based program, which provides activities designed to support and/or improve the individual's well-being. Examples of evidence based programs offered in Louisiana are Chronic Disease Self-Management, Bingocize, Tai Chi for Arthritis, Matter of Balance, Walk With Ease and Stay Active & Independent for Life (SAIL).

Senior Community Service Employment Program (SCSEP): This program is designed to assist individuals who are 55 years of age and older with securing job training and job search assistance. These activities will also include civic engagement opportunities for low-income persons who have poor employment prospects. The goal of SCSEP is to provide training and economic self-sufficiency through placement in unsubsidized employment in both the public and private sector. The SCSEP prepares and follows a four-year state plan, which will end June 30, 2020. GOEA coordinates three sub grantees, Jefferson Council on Aging, St. James Area Agency on Aging, and Capital Area Agency on Aging with Senior Community Employment Programs. GOEA staff will collaborate and serve on various boards and/or committees to stay abreast of trends, partnership opportunities and new initiatives that may benefit the SCSEP program participants.

Family Caregiver Support Program: This program provides services to family caregivers of adults over 60 or a person of any age who may need assistance or information regarding taking care of someone who cannot stay alone. This program also includes grandparents/relatives (not parents) who are caregivers of children or relatives not more than 59 years of age who are disabled. Service agencies give preference to qualifying individuals who have been diagnosed

with Alzheimer's disease or other dementia related disorders. Louisiana does not currently have an Alzheimer's grant for services. Services provided to the caregiver includes:

1.) Information to caregiver about available services;

2.) Assistance to caregivers in gaining access to supportive services;

3.) Individual counseling, organization of support groups, and caregiver training to assist the caregiver in making decisions and solving problems relating to their roles as the caregiver;

4.) Respite care to enable caregivers to be relieved temporarily; and

5.) Supplemental services to compliment the care provided by the caregivers. Many Louisiana aging partners have established support groups and educational sessions for caregivers to support and educate so that the caregiver can make informed decisions regarding the care of their loved ones.

GOEA's webpage is <u>www.goea.louisiana.gov</u>, which provides information regarding services, programs and resources available to older adults, disabled individuals and their family members. In addition to access services and resources, the website is host to training modules for SAMS, Moodle (Ombudsmen), Elderly Protective Services, Legal Self Help, Area Plan Process, Service Procurement Process and Disaster Planning. Training modules are added as requested and/or needed. For the Moodle training site, the trainee must have a log-in information and access to the Moodle website, which is managed by GOEA. Links to other Aging Network sites are readily available from the GOEA Home page.

Focus Area II: ACL/AOA Discretionary Grants

The Governor's Office of Elderly Affairs (GOEA) has obtained grant funding and fostered collaborative partnerships with other state agencies for new innovative programs to ensure a more efficient and effective array of comprehensive services to the elderly citizens and their families. The Louisiana State Plan will reflect our efforts to implement and/or enhance activities and programs to ensure the programs that emanate from the Older American's Act and the Choices for Independence amendments. Flexibility and innovative programs with collaboration of all service providers (Federal, State and Local) will be essential in maintaining programs and services for our growing elderly population.

The **Senior Rx Program** is a statewide funded program to assist individuals with the application to pharmaceutical companies for medication needs not covered on their prescription medication program. The Senior Rx program also assists individuals with Medicare Part D enrollment and de-enrollment. In state FY 2018, the SenioRx program total savings on prescription medication was \$8,988,832.

The **Aging and Disability Resource Center (ADRC)** program in Louisiana was one of the first programs awarded to a state by a federal grant. The goal of the ADRC is to provide access to resources and medication for the aging and disabled individuals. In 2003, Louisiana piloted the program through the Cajun Area Agency on Aging and the service area was the AAA's PSA. The pilot program targeted individuals aged 60 plus and older adults with disabilities. The ADRC pilot project offered a single point of entry (SPOE) for accessing public and/or private long term care options by phone or by face-to-face contact. The pilot project incorporated an interactive consumer-focused website and a nationwide toll-free number. In 2006, AOA

provided additional funding to expand the ADRC project to 9 locations making the ADRC project statewide. Partnerships with community providers are key to the success of the ADRC projects. Per contractual obligation, the ADRCs must develop at least one new partnership from community agencies for each parish in the ADRC service area. The statewide total of new partners should be equal to or exceed 128 new partners in a contract year. Each new community partner to the ADRC is provided training and resources by the ADRC. In addition, each ADRC is required to participate in the MIPPA grant program.

The ADRCs serve as a clearinghouse for support services, resources and options counseling in long-term care. The ADRCs provide education to consumers so t access to information, resources and services have been identified locally and clients along with their caregivers can make informed decisions in their health and life. Although Louisiana currently receives no direct funding for the ADRC program, Louisiana Revised Statute section 1219.1 – 1219.6 does allow for state funding support and integration of ADRC functions with Louisiana Senior Rx programs and other core programs and services. GOEA has incorporated the ADRC in the existing Senior Rx program, which is funded by state funds. This has allowed the program to sustain at the current levels of funding.

One of the major concerns and difficulties is for older adults, individuals with disabilities and/or their caregiver is the navigation of the many fragmented systems for which to access services. Access to service was one of the priority needs found in the Needs Assessment. With the ADRC program, ADRC staff are certified with AIRS certification and (Senior Health Insurance Program) SHIP counseling certification. Individuals may also access resource information by accessing the website at <u>www.louisianaanswers.com</u>. This program is a person-centered approach which provides the following main functions:

- Information and Assistance through public education and information on long-term support options
- Streamlined access to all long-term services and support which includes those services supported by the state Medicaid program
- Access through pre-eligibility screening for public pay services, comprehensive assessment and access to private pay services.

The ADRC's work statewide in Louisiana's Aging Network to assist and to provide access to long-term care options and needed preventative health care services. The ADRC's collaborate with the Department of Health/Office of Public Health and local parish units to provide education and awareness in promoting the importance of vaccinations for influenza, H1N1, pneumonia and shingles. The ADRC's educate consumers on the Medicare programs such as Low Income Subsidy, Medicare Part D, Medicare Savings Plan and the Medicare Wellness and Preventative Services. All partnerships in the Louisiana Aging Network strive to provide awareness to the elderly consumers, as well as the family caregivers so that the consumer may make better choices for his/her health and life.

In 2009, 2010, 2013, 2014, 2017 and 2018 (current 2 year grant cycle) Louisiana received the **Medicare Improvements for Patients and Providers Act (MIPPA)** grant funds. The MIPPA grant primary goal is to outreach, educate and assist Medicare eligible individuals with application assistance for the Low Income Subsidy Program and the Medicare Savings Plan, Medicare Part D counseling, and Medicare Part D enrollment assistance. MIPPA funds are

continuing to be used to Outreach, Educate and Assist all Medicare eligible individuals with programs that may reduce the Medicare recipient's monthly expenses as well as to educate the Medicare recipient on the Medicare Wellness and Preventative Services. The ADRC staff who are charged with MIPPA program activities have received training and certification to be SHIP certified counselors and are AIRs certified. The target population for the MIPPA program are Medicare eligible individuals who may be economically challenged (Low Income), Rural and/or isolated and Medicare eligible individuals who are of Native American decent. For the current MIPPA Grant (2018), this grant is a 2-year grant for which GOEA is in year 1.

All MIPPA program activities are above-and-beyond the Title III, ADRC and SHIP basic grant activities.

MIPPA 2018 grant funds are administered by GOEA, which includes Priority 1 - SHIP funds. SHIP is administered by Louisiana Department of Insurance and chose not to apply for Priority 1 but has provided a letter of support and continued partnership for GOEA to apply for this portion of the grant.

In the 2017 MIPPA Grant project, the Louisiana MIPPA grant project activities reached 39,413 individuals thru hosted events which education on Medicare programs and benefits were provided. 4,469 enrollment assistance units for Low Income Subsidy Program (LIS) applications and Medicare Savings Plan applications. Follow-up was conducted with LIS/MSP enrollment assistance clients to ensure the client did not have additional needs for which the agency could assist. There were 3,162 Medicare Part D Counseling sessions and 1,797 clients assisted with Medicare Part D enrollment assistance units.

In 2009, GOEA was part of a study group which developed into a work group, Louisiana Fall Prevention Coalition. This Coalition promoted safe practices to help prevent or reduce the number of falls. From this Coalition, GOEA partnered with the Department of Health, Office of Public Health, and Injury Research and Prevention Program to promote the **Matter of Balance** program. The Injury Research and Prevention Program received a grant from the Center for Disease Control (CDC) to develop a plan regarding injuries from falls. Even though the grant has ended, the Matter of Balance program is currently sustained by AAA's in Louisiana as a component of the Title III-D program.

In March 2010, GOEA received a two-year Evidence-Based Prevention Program grant from the Administration on Aging. Under this grant, Louisiana implemented the Chronic Disease Self-Management Program (CDSMP), known as **Your Life, Your Health**. The CDSMP was developed at Stanford University and is an accountability program that empowers individuals with a chronic disease to take control of their own health. Through Your Life, Your Health, classes are taught how to improve their health through exercise, nutrition and improved self-management of their disease. Although this grant program has ended, Capital Area Agency on Aging and CENLA Area Agency on Aging are the two lead AAAs who have sustained this program. These agencies continue to teach Lay Leaders so that other partners may continue the Your Life, Your Health program. Several of the AAAs in Louisiana are using Title III-D funding to sub-contract with Capital AAA and CENLA AAA to provide this evidenced based program in their PSAs.

In 2018, GOEA is partnered with LDH/OAAS and LDH/OPH to conduct the Behavioral Risk Factor Surveillance System for which the survey results are pending. In 2015 this system was reviewed and release of the study which was an analysis of the 2015 Caregiver and Cognitive Decline Modules.

Senior Medicare Patrol (SMP) grants were awarded to the eQ Health Solutions, Inc. GOEA and the aging network serve as partners to provide a statewide effort to fight fraud and abuse in the Medicare and Medicaid healthcare systems. SMP, through community outreach events, classroom presentations and one-on-one counseling, empowers and educates seniors who receive Medicare benefits. Thru SMP's and the partners' efforts, seniors may identify and report potential fraudulent activities to the proper authorities. The target population for this program is Medicare and/or Medicaid eligible elders who may be at greatest risk, isolated (rural) and the homebound frail elderly.

Focus Area III: Participant-Directed/Person-Centered Planning

GOEA along with the Louisiana Aging Network has a variety of comprehensive services to the aging and disabled population and their families. Some of these services and programs are provided in a collaborative effort. These supportive programs are developed and delivered to provide more consumer choice and control.

In 2010, GOEA was invited to participate with Louisiana Oral Health Coalition. The Oral Health Coalition was established to address the growing need for Oral Healthcare across Louisiana. The coalition meets quarterly to discuss the Oral Health State Plan, Federal and state policies, community oral health programs, access and oral health workforce issues. This coalition has established a 4 year state plan. The priority focus areas are Access to care, Education on care, Disease prevention, Surveillance/Evaluation and Workforce. Membership to the Oral Health Coalition consists of providers of Oral Health care, Louisiana Dental Association, State Agencies, Community partners and concerned individuals on the Oral Health of Louisiana. The Oral Health in the Elderly Committee (which was derived from the work plan of the coalition) has developed an educational tool for Senior Center Site Managers to use to educate the participants on the importance of good oral health care. This tool is easily accessed on the GOEA website and the Department of Health and Hospitals website. The Coalition has developed a webinar training tool for long term care facility staff. This webinar training tool is used to train facility staff on resident oral health. This webinar training tool was provided to the Long Term Care facilities by the Louisiana Nursing Home Association, which is a coalition member. Currently, there are no funds provided to the Louisiana Oral Health Coalition. All action measures are completed on a volunteer basis by members of the coalition. The Department of Health /Office of Public Health has received funding from the CDC for fluoridation and Oral Health programs, but funds specific for the coalition are not available at this time.

Veterans Directed Home and Community Services (VDHCS) program is a program for veterans of all ages who need home and community based services. This project is currently being done by the Caddo Council on Aging/Area Agency on Aging. This project serves as a model to other agencies to work with the Veteran's Hospital within their service area. The Community Living Grant served as a catalyst to bring Home and Community Based Services and

Veterans Administration together to initiate this project. GOEA will continue to support the efforts of this project.

Money Follows the Person (MFP) Program is a grant program received by Louisiana Department of Health (LDH). This program is structured to assist Medicaid eligible individuals who reside in a long-term care facility or individuals who have a developmental disability and reside in an intermediate care facility, to transition from residing in the facility to their homes or community settings. Coordination of services and resources to support the individual in the community setting is provided by the MFP program. Services are accessed through LDH and the Louisiana Aging Network. The shared goal of all partners is to deliver quality services to keep individuals independent and in the least restrictive environment. The Ombudsmen work with the LDH-MFP program and assists with the follow-up on their applications. The New Orleans program is commonly called "My Place Louisiana". The original award for the MFP program was in 2007. The prevalent challenge faced by this program in successfully transitioning a resident from a facility to the community is to identify affordable housing. Affordable housing is a priority need in Louisiana as noted in the Needs Assessments conducted by the AAAs in their respective Planning and Service Areas.

The **No Wrong Door** (**NWD**) planning grant was received in 2014 to work with the Department of Health and Veterans Affairs in public outreach to stakeholders regarding the current system in place. Stakeholder meetings were held throughout the state with agencies, individuals receiving assistance and individuals on a waiting list. This planning period developed a consumer advisory group and identified who were the major contact points to apply for services. The screening tool which was developed through the Balancing Incentive Program was used as a starting point on the basic information which could be used by everyone. The stakeholder meetings address the need for a system that could electronically interface with state agencies and/or providers to provide exchange of referrals. The plan will address the protecting confidential information as well as the information that would be needed for quality monitoring and performance accountability. The Mission statement for this grant: Louisiana will develop a person-centered No Wrong Door System (NWDS) for people of all ages, abilities and income levels to access the services and supports they require to live the highest quality of life as defined by the consumer or advocate. Currently Louisiana does not receive NWD funding, but the ADRC within the Louisiana aging network continue to serve as the NWD entity.

The Louisiana Aging Network Association (LANA) is host to an annual training conference for members and generally hosts in coordination with the association's annual meeting. In September 2018, the LANA annual training conference was held in Lafayette, Louisiana with over 125 members in attendance. Training topics were Administration, Senior Center Activities, Emergency Management and Legal Services. Networking with other service providers across the state gives the members the opportunity to share ideas in regards to recreational activities, fundraising, policies, fitness and administrative functions. GOEA, LDH, Department of Transportation and Development (DOTD), and Department of Insurance (SHIP) staff was available to discuss current activities and projects and potential funding opportunities with the LANA members.

Focus Area IV: Elder Justice

The **National Elder Abuse Incidence Study** mandated by Congress in 1996 estimated that 449,924 persons aged 60 and older were abused, neglected, or exploited in their domestic settings. The report also noted that for each elder abuse incident that is reported, another five incidents typically go unreported. Older adults have the right to reside in their homes and community without fear of being abused, neglected, or exploited. Personal safety and security is as essential to the well-being of older adults as it is for individuals of all ages to remain independent. In the AAA Needs Assessment, safety has been considered a priority for the communities and older individuals in the state of Louisiana.

The Louisiana Legal Service Developer has collaborated with the Louisiana Legal Service Corporations and has conducted Legal "Boot Camps" across Louisiana. These "Boot Camps" are presentations made by experts in areas such as Interdiction, Wills, Usufruct, Community Property, Advance Directives, Debtor/Creditor Rights, Social Security, Guardianship, Veteran's benefits, Reverse Mortgages, Grandparent's Rights, Powers of Attorney, Louisiana Medicaid, Predatory Lending, Investment Scams and other legal issues that have common requests for service by the Legal Service Corporations. The Boot Camps are free to the public and activity evaluations are done at the end of the presentation/workshop. These "Boot Camps" have been well attended drawing seniors who have not participated in activities through the COAs.

Elder Law Task Force is coordinated through the Legal Service Developer and the Louisiana State Bar Association Access to Justice Program. The Elder Law Task Force was established to address legal issues, brief bank for new and pro bono attorneys, discuss and establish policies concerns regarding Elder Law and to develop training for clients, providers and the general public. The Elder Law Task Force is comprised of volunteer attorneys from non-profit and private elder law practices. A Financial Exploitation Task force was created from the Elder Law Task Force to increase the awareness about elder financial exploitation, identify barriers to prosecuting exploitation cases, develop a relationship between investigators and the Louisiana's financial institutions, and make recommendations to implement stronger elder financial exploitation legislation. The Legal Service Developer organized the Elder Law Task Force, Financial Exploitation Task Force, and Legal Service Task Force to improve the quality of services available to older adults in the state. One of the products developed by the Legal Service Task Force is the reporting tool for the Title III-B Legal Contractors to provide meaningful data in their reports to the AAA without compromise of the client confidentiality. The Elder Law Task Force speaks annually at the Justice Conference to discuss new policy or new legislation that affects elderly or elder law attorneys.

For individuals who may not be able to reside in their community independently, Long-Term Care facilities may be an option. The **Louisiana Long-Term Ombudsmen program** assists individuals and their family members in making educated decisions on the care facility that would be best suited for the potential resident. The term "Long-Term Care Facility" is defined as facilities that include nursing homes, assisted living facilities and personal care homes that serve individuals. For those individuals who reside in long-term care facilities, the Louisiana Long Term Ombudsmen program serves the resident with trained individuals who can respond to the problems and needs of the resident. The Ombudsmen work to protect and promote the rights of the resident and advocate the resident's rights per the requirements of **Title VII, Chapter 2** of the Older American's Act. The Ombudsmen will advocate, conduct study analysis, monitor issues and/or policies that relate to the residents and their rights. In the scope of the Ombudsmen program, the Ombudsmen will train volunteers to work with the ombudsmen to visit the

residents, listen to the residents, work with the resident, administration and/or family members to resolve problems, bring change, and improve the residents' care and quality of life.

Louisiana Long-Term Ombudsmen program began in 1988 and is funded with State, Title III-B and Title VII funds. GOEA and the Long Term Care Ombudsmen Program adheres to the regulations of Section 712 of the Older American's Act and will expend no less funds than that of fiscal year 2000 for the Title VII program. GOEA has one full-time State Long Term Care Ombudsman and a full-time Administrative Specialist. The State Long Term Care Ombudsman contracts services for regional Long Term Care Ombudsmen as well as having trained volunteers to ensure statewide service delivery. All Ombudsmen (Paid or Volunteer) are certified by going through a multi-step extensive training process and complete 15 in service education courses annually. GOEA's website (Moodle) is host to components of the Ombudsmen certification training allowing each ombudsman to refresh their learning experience.

In the state fiscal year 2018, the Ombudsmen received 1269 complaints and resolved 1187 complaints or 96% to the satisfaction of the resident. In addition to contracting with six Area Agencies on Aging, Louisiana has a contract with the Louisiana State University to provide statewide coverage of the Louisiana Long Term Care Ombudsmen Program. Programmatic monitoring and data collection for this program is done by utilizing encrypted software. Data collected is reviewed monthly and submitted annually to the National Ombudsmen Reporting System (NORS).

The Louisiana Long Term Care Ombudsmen Program will work collaboratively with the Louisiana Department of Health and Hospitals which administers the **Money Follows the Person** "My Place, Louisiana" grant program and the Louisiana Medicaid program for residents who wish to transition into a community living setting whether the resident utilizes community resources or family resources. One of the greatest challenges for a resident to transition from a facility to the community is locating affordable and appropriate housing.

Legal Assistance is available to older residents who may need assistance with civil legal matters. Examples of legal assistance provided are Guardianships, Wills, Living Wills, Trusts, Tenant/Landlord Concerns and Power of Attorney. Legal Assistance is provided statewide and is awarded by contract thru a competitive bid process and is funded with Title III-B Funds. Legal Assistance service is monitored on the programmatic and fiscal requirements of the contracts. Louisiana has a Legal Service Developer (LSD) who reviews and approves all legal service contracts as a component of each AAA Area Plan.

Elderly Protective Services is a program available to all constituents who are over age 60 and may be victims of abuse, neglect and/or exploitation. Louisiana continues to educate and collaborate with other agencies and the public to increase awareness of Elder Rights and Elderly Protective Services. Effective statutes have been made into law to protect older adults from abuse, neglect and exploitation. Legislative Regular Session moved funding for Elderly Protective Services program from GOEA on June 30, 2012 to the Louisiana Department of Health and Hospitals/Office of Aging and Adult Services (DHH/OAAS). In July 2016, the program moved back to GOEA and efforts continue to work with all agencies to maintain the rights of elderly citizens in accordance with the Older Americans Act, as amended in 2006. The Aging Network (AAAs, COAs and ADRCs) is provided public education which include topics such as

- What Is Elder Abuse,
- Which Statutes Protect Older Adults
- Who To Call If Abuse Is Detected

The aging network are encouraged to collaborate with the local Senior & Law Enforcement Together (SALT) coalition and Law Enforcement, Senior Citizens and Community Groups (TRIAD) to enhance the community awareness of elder abuse signs and symptoms. The Louisiana Aging Network providers routinely identify and report and refer individuals for elder abuse as well as receive referrals from the Office of Aging and Adult Services to provide services for clients of DHH/OAAS.

Monitoring of the state plan is conducted by GOEA staff through the contract monitoring process. Monitoring practices ensure compliance with administrative, programmatic, and fiscal requirements. Monitoring practices include financial reviews and budgetary comparisons which are conducted monthly for fiscal requirements; a semi-annual review of units of service delivery is compared to NAPIS reports and a budgetary comparison reports to ensure target projections of service and expenditures are being met; an annual area agency assessment is conducted to review the AAAs policies and procedures for administrative and programmatic compliance. AAA Emergency and Disaster Plans are reviewed and submitted to GOEA for approval by April of each year, which provides the SUA and the AAA time to make changes prior to the start of hurricane season (June 1). For state fiscal year close-out, GOEA will review NAPIS reports and financial reports for fiscal year closeout. GOEA has developed a tool for each AAA to use to self-assess area plan progress. Each AAA must complete and submit to GOEA an Area Plan Goal Review at the close of each state fiscal year for GOEA review and approval.

In addition to the contract monitoring process, in accordance with Act 1465 of the 1997 Legislative Session, GOEA submits to the State of Louisiana a 5 year Strategic Plan which is updated every 3 years. From this strategic plan, GOEA submits quarterly performance reports to the Louisiana Division of Administration/Office of Planning and Budget. These performance reports are submitted online and may be viewed at <u>www.doa.louisiana.gov/opb/lapas/lapas.htm</u>. **Goal 1- Information**: GOEA will provide information regarding the interests of older persons in Louisiana

Objective 1.1: Increase public awareness and needs of the elderly population

Strategies:

- Engage in dialogue with persons who are elderly and or their family members through technology, social media, public forums, webpages, newsletters
- Encourage Louisiana Aging Network to engage in dialogue with local officials and private sector to provide awareness of the elderly population and the growing needs of the elderly population
- Encourage the elderly to share their needs with local and state officials

Measures:

- Number of Public Education Sessions to educate and advocate on services and resources available
- Number of consumers who access information and services through the GOEA and Louisiana Answers websites
- Increase Information and Assistance units by 2% from federal fiscal year 2018

Objective 1.2: Ensure that current policies and programs address and meet the needs of the elderly individuals in Louisiana and their family

Strategies:

- Educate key stakeholders in the Louisiana Aging Network of new policies and programs
- Advise key stakeholders in the Louisiana Aging Network of program policy changes and public hearing
- GOEA staff will serve on various boards and/or committees to stay abreast of trends, partnership opportunities, and new initiatives that may benefit elderly and disabled individuals

Measures:

• Increase in percentage of new contacts who access information and resources from the GOEA and LouisianaAnswers websites over a federal fiscal year for 2018 **Goal 2 - Protect Rights and Prevent Abuse**: GOEA will work collaboratively with Elder Rights agencies to enhance the rights of older individuals and to prevent abuse, neglect and exploitation.

Objective 2.1 Provide legal assistance to older individuals who are over age 60

Strategies:

- Collaborate with the Louisiana legal corporations
- Continue collaboration with the Louisiana Office of the Attorney General's Office and Department of Health/Aging and Adult Services to provide public education in regards to Elder Abuse, Neglect and Financial Exploitation
- Legal presentations (Boot Camps) to assist elders in understanding rights, choices and benefiting from services and opportunities

Measures:

- Number of legal services referrals given to older adults
- Number of GOEA supported public education sessions annually
- 95% of all surveyed participants at "Boot Camps" are satisfactory or above

Objectives 2.2 Provide regular monthly and timely access to Long-Term Care Ombudsman services to residents of nursing and adult residential care facilities.

Strategies:

- Provide on-going training to the community and long term care staff regarding the Long Term Care Ombudsman Program, Resident's rights and other long term issues
- Visits to the Long-Term Care Facilities and Adult Residential Care Facilities on a regular basis

Measures:

- Number of bi-monthly visits to long term care facilities
- Number of facility staff trained and ombudsman volunteers trained annually
- 91% of complaints resolved to the satisfaction of the resident

Objective 2.3 Provide awareness and education presentations regarding elder abuse

Strategies:

- Disseminate information of elder abuse through various means: senior center and meal sites, including home bound delivery staff, local churches, schools, community centers, law enforcement and civic organizations
- Collaborate with local SALT Councils, TRIAD and other agencies to promote awareness of elder abuse

• Promote GOEA's website as a mechanism for information on elder abuse neglect and exploitation

Measures:

• Increase new users to the GOEA Protective and Advocacy services link by at least 2% from fiscal year 2018

Goal 3 – Long Term Care Services and Supports: GOEA will enable older individuals and individuals with disabilities access to long-term care services and supports, including supports for families and their caregivers.

Objective 3.1 Provide supportive and nutritional services to at least 8% of elderly individuals.

Strategies:

- Monitor area agencies on aging regarding services delivered
- Promote nutrition through web pages and newsletters
- Provide nutritional training

Measures:

- Number of older adults receiving nutrition services and other supportive OAA services
- Number of services provided to eligible individuals
- Percent of elderly individuals served
- Percentage of high nutritional risk served through the nutrition program

Objectives 3.2: Provide Long-Term Care Options Counseling to consumers who are seeking information regarding Long Term Care options.

Strategies:

- Outreach caregivers and family members who may be seeking resources for their elderly or disabled relative.
- Market the ADRC as a tool for individuals to call to receive information and resources for their needs or their family members

Measures:

- Number of ADRC Long-Term Care Options Counseling sessions conducted
- Number of calls received from the marketing efforts of the ADRC services for Long-Term Care Options Counseling
- Percent of ADRC clients who receive Options Counseling yearly

Objectives 3.3: Serve 11% of elderly and disabled individuals by providing resources for prescription medication.

Strategies:

- Market the SenioRx/ADRC statewide for consumer access to resources and information via website or direct contact.
- Certification that each SenioRx/ADRC has an AIRS and SHIP certified counselor on staff

Measures:

- Number of unduplicated SenioRx/ADRC clients
- Percent of clients who receive assistance with prescription medication
- Percent of clients who receive information and assistance about long-term care supports and/or services

Goal 4 – Empowerment and Self Determination & Control: Provide education and resources to empower elderly individuals and their families to make informed decisions about their health, independence and well-being.

Objective 4.1: To provide educational resources to elderly and disabled individuals regarding community options.

Strategies:

- Continue access and outreach statewide with the Louisiana Aging network and the ADRCs.
- Provide public education presentation through providers to older adults, caregivers, adults with disabilities and the community on available supports and resources

Measures:

- Number of education presentations provided on caregiver and other resources available within the Louisiana Aging Network
- Number of elderly individuals and/or caregivers assisted through the ADRCs and the AAA's
- Obtain a 95% satisfaction on presentation evaluations

Objective 4.2: Provide awareness activities regarding Medicare Wellness and Preventative Services.

Strategies:

- Promote Medicare Wellness and Preventative Services through partners and the Louisiana Aging Network through community education and outreach events
- Statewide media publicity to educate Medicare eligible individuals about Medicare Wellness and Preventative Services

Measures:

- Number of community education and outreach events
- 50% of participants at the educational activities who are Medicare eligible

Objective 4.3: Provide awareness activities regarding wellness and disease management with special emphasis on evidenced based programs

Strategies:

• Promote and Support all evidence based activities

Measures:

• Number of units of Title III-D Wellness services

State Plan Guidance Attachment A

STATE PLAN ASSURANCES AND REQUIRED ACTIVITIES Older Americans Act, As Amended in 2016

By signing this document, the authorized official commits the State Agency on Aging to performing all listed assurances and activities as stipulated in the Older Americans Act, as amended in 2016.

ASSURANCES

Sec. 305, ORGANIZATION

(a) In order for a State to be eligible to participate in programs of grants to States from allotments under this title--

(2)The State agency shall—(A) except as provided in subsection (b)(5), designate for each such area after consideration of the views offered by the unit or units of general purpose local government in such area, a public or private nonprofit agency or organization as the area agency on aging for such area;

(B) provide assurances, satisfactory to the Assistant Secretary, that the State agency will take into account, in connection with matters of general policy arising in the development and administration of the State plan for any fiscal year, the views of recipients of supportive services or nutrition services, or individuals using multipurpose senior centers provided under such plan;

(E) provide assurance that preference will be given to providing services to older individuals with greatest economic need and older individuals with greatest social need (with particular attention to low-income older individuals, including low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas), and include proposed methods of carrying out the preference in the State plan;

(F) provide assurances that the State agency will require use of outreach efforts described in section 307(a)(16); and

(G)(ii) provide an assurance that the State agency will undertake specific program development, advocacy, and outreach efforts focused on the needs of low-income minority older individuals;

(c) An area agency on aging designated under subsection (a) shall be--...

(5) in the case of a State specified in subsection (b) (5), the State agency; and shall provide assurance, determined adequate by the State agency, that the area agency on aging will have the ability to develop an area plan and to carry out, directly or through contractual or other

arrangements, a program in accordance with the plan within the planning and service area. In designating an area agency on aging within the planning and service area or within any unit of general purpose local government designated as a planning and service area the State shall give preference to an established office on aging, unless the State agency finds that no such office within the planning and service area will have the capacity to carry out the area plan.

Note: STATES MUST ENSURE THAT THE FOLLOWING ASSURANCES (SECTION 306) WILL BE MET BY ITS DESIGNATED AREA AGENCIES ON AGENCIES, OR BY THE STATE IN THE CASE OF SINGLE PLANNING AND SERVICE AREA STATES.

Sec. 306(a), AREA PLANS

(a) Each area agency on aging...Each such plan shall--

(2) provide assurances that an adequate proportion, as required under section 307(a)(2), of the amount allotted for part B to the planning and service area will be expended for the delivery of each of the following categories of services-

(A) services associated with access to services (transportation, health services (including mental and behavioral health services), outreach, information and assistance (which may include information and assistance to consumers on availability of services under part B and how to receive benefits under and participate in publicly supported programs for which the consumer may be eligible) and case management services);

(B) in-home services, including supportive services for families of older individuals who are victims of Alzheimer's disease and related disorders with neurological and organic brain dysfunction; and

(C) legal assistance; and assurances that the area agency on aging will report annually to the State agency in detail the amount of funds expended for each such category during the fiscal year most recently concluded;

(4)(A)(i)(I) provide assurances that the area agency on aging will-

(aa) set specific objectives, consistent with State policy, for providing services to older individuals with greatest economic need, older individuals with greatest social need, and older individuals at risk for institutional placement;

(bb) include specific objectives for providing services to low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas; and

(II) include proposed methods to achieve the objectives described in items (aa) and (bb) of sub-clause (I);

(ii) provide assurances that the area agency on aging will include in each agreement made with a provider of any service under this title, a requirement that such provider will—
(I) specify how the provider intends to satisfy the service needs of low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in the area served by the provider;

(II) to the maximum extent feasible, provide services to low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in accordance with their need for such services; and

(III) meet specific objectives established by the area agency on aging, for providing services to low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas within the planning and service area; and

(iii) with respect to the fiscal year preceding the fiscal year for which such plan is prepared --

(I) identify the number of low-income minority older individuals in the planning and service area;

(II) describe the methods used to satisfy the service needs of such minority older individuals; and

(III) provide information on the extent to which the area agency on aging met the objectives described in clause (i).

(B) provide assurances that the area agency on aging will use outreach efforts that will—

(i) identify individuals eligible for assistance under this Act, with special emphasis on--

(I) older individuals residing in rural areas;

(II) older individuals with greatest economic need (with particular attention to low-income minority individuals and older individuals residing in rural areas);

(III) older individuals with greatest social need (with particular attention to low-income minority individuals and older individuals residing in rural areas);

(IV) older individuals with severe disabilities;

(V) older individuals with limited English proficiency;

(VI) older individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction (and the caretakers of such individuals); and

(VII) older individuals at risk for institutional placement; and

(ii) inform the older individuals referred to in sub-clauses (I) through (VII) of clause (i), and the caretakers of such individuals, of the availability of such assistance; and

(C) contain an assurance that the area agency on aging will ensure that each activity undertaken by the agency, including planning, advocacy, and systems development, will include a focus on the needs of low-income minority older individuals and older individuals residing in rural areas.

(5) provide assurances that the area agency on aging will coordinate planning, identification, assessment of needs, and provision of services for older individuals with disabilities, with particular attention to individuals with severe disabilities, and individuals at risk for institutional placement, with agencies that develop or provide services for individuals with disabilities;

(9) provide assurances that the area agency on aging, in carrying out the State Long-Term Care Ombudsman program under section 307(a)(9), will expend not less than the total amount of funds appropriated under this Act and expended by the agency in fiscal year 2000 in carrying out such a program under this title;

(11) provide information and assurances concerning services to older individuals who are Native Americans (referred to in this paragraph as "older Native Americans"), including-

(A) information concerning whether there is a significant population of older Native Americans in the planning and service area and if so, an assurance that the area agency on aging will pursue activities, including outreach, to increase access of those older Native Americans to programs and benefits provided under this title;

(B) an assurance that the area agency on aging will, to the maximum extent practicable, coordinate the services the agency provides under this title with services provided under title VI; and

(C) an assurance that the area agency on aging will make services under the area plan available, to the same extent as such services are available to older individuals within the planning and service area, to older Native Americans;

(13) provide assurances that the area agency on aging will—

(A) maintain the integrity and public purpose of services provided, and service providers, under this title in all contractual and commercial relationships;

(B) disclose to the Assistant Secretary and the State agency--

(i) the identity of each nongovernmental entity with which such agency has a contract or commercial relationship relating to providing any service to older individuals; and(ii) the nature of such contract or such relationship;

(C) demonstrate that a loss or diminution in the quantity or quality of the services provided, or to be provided, under this title by such agency has not resulted and will not result from such contract or such relationship;

(D) demonstrate that the quantity or quality of the services to be provided under this title by such agency will be enhanced as a result of such contract or such relationship;

(E) on the request of the Assistant Secretary or the State, for the purpose of monitoring compliance with this Act (including conducting an audit), disclose all sources and expenditures of funds such agency receives or expends to provide services to older individuals;

(14) provide assurances that preference in receiving services under this title will not be given by the area agency on aging to particular older individuals as a result of a contract or commercial relationship that is not carried out to implement this title;

(15) provide assurances that funds received under this title will be used--

- to provide benefits and services to older individuals, giving priority to older individuals identified in paragraph (4)(A)(i); and
- in compliance with the assurances specified in paragraph (13) and the limitations specified in section 212;

Sec. 307, STATE PLANS

... Each such plan shall comply with all of the following requirements:...

(3) The plan shall--

(B) with respect to services for older individuals residing in rural areas—

(i) provide assurances that the State agency will spend for each fiscal year, not less than the amount expended for such services for fiscal year 2000...

(7)(A) The plan shall provide satisfactory assurance that such fiscal control and fund accounting procedures will be adopted as may be necessary to assure proper disbursement of, and accounting for, Federal funds paid under this title to the State, including any such funds paid to the recipients of a grant or contract.

(B) The plan shall provide assurances that--

(i) no individual (appointed or otherwise) involved in the designation of the State agency or an area agency on aging, or in the designation of the head of any subdivision of the State agency or of an area agency on aging, is subject to a conflict of interest prohibited under this Act;
(ii) no officer, employee, or other representative of the State agency or an area agency on aging is subject to a conflict of interest prohibited under this Act; aging is subject to a conflict of interest prohibited under this Act; and
(iii) mechanisms are in place to identify and remove conflicts of interest prohibited under this Act.

(9) The plan shall provide assurances that the State agency will carry out, through the Office of the State Long-Term Care Ombudsman, a State Long-Term Care Ombudsman program in accordance with section 712 and this title, and will expend for such purpose an amount that is not less than an amount expended by the State agency with funds received under this title for fiscal year 2000, and an amount that is not less than the amount expended by the State agency with funds received under title VII for fiscal year 2000.

(10) The plan shall provide assurance that the special needs of older individuals residing in rural areas will be taken into consideration and shall describe how those needs have been met and describe how funds have been allocated to meet those needs.

(11) The plan shall provide that with respect to legal assistance --

(A) the plan contains assurances that area agencies on aging will

(i) enter into contracts with providers of legal assistance which can demonstrate the experience or capacity to deliver legal assistance;

(ii) include in any such contract provisions to assure that any recipient of funds under division
(i) will be subject to specific restrictions and regulations promulgated under the Legal Services
Corporation Act (other than restrictions and regulations governing eligibility for legal assistance under such Act and governing membership of local governing boards) as determined appropriate by the Assistant Secretary; and

(iii) attempt to involve the private bar in legal assistance activities authorized under this title, including groups within the private bar furnishing services to older individuals on a pro bono and reduced fee basis.

(B) the plan contains assurances that no legal assistance will be furnished unless the grantee administers a program designed to provide legal assistance to older individuals with social or economic need and has agreed, if the grantee is not a Legal Services Corporation project grantee, to coordinate its services with existing Legal Services Corporation projects in the planning and service area in order to concentrate the use of funds provided under this title on individuals with the greatest such need; and the area agency on aging makes a finding, after

assessment, pursuant to standards for service promulgated by the Assistant Secretary, that any grantee selected is the entity best able to provide the particular services.

(D) the plan contains assurances, to the extent practicable, that legal assistance furnished under the plan will be in addition to any legal assistance for older individuals being furnished with funds from sources other than this Act and that reasonable efforts will be made to maintain existing levels of legal assistance for older individuals; and

(E) the plan contains assurances that area agencies on aging will give priority to legal assistance related to income, health care, long-term care, nutrition, housing, utilities, protective services, defense of guardianship, abuse, neglect, and age discrimination.

(12) The plan shall provide, whenever the State desires to provide for a fiscal year for services for the prevention of abuse of older individuals --

(A) the plan contains assurances that any area agency on aging carrying out such services will conduct a program consistent with relevant State law and coordinated with existing State adult protective service activities for--

(i) public education to identify and prevent abuse of older individuals;

(ii) receipt of reports of abuse of older individuals;

(iii) active participation of older individuals participating in programs under this Act through outreach, conferences, and referral of such individuals to other social service agencies or sources of assistance where appropriate and consented to by the parties to be referred; and (iv) referral of complaints to law enforcement or public protective service agencies where appropriate;...

(13) The plan shall provide assurances that each State will assign personnel (one of whom shall be known as a legal assistance developer) to provide State leadership in developing legal assistance programs for older individuals throughout the State...

(15) The plan shall provide assurances that, if a substantial number of the older individuals residing in any planning and service area in the State are of limited English-speaking ability, then the State will require the area agency on aging for each such planning and service area—(A) to utilize in the delivery of outreach services under section 306(a)(2)(A), the services of workers who are fluent in the language spoken by a predominant number of such older individuals who are of limited English-speaking ability; and

(B) to designate an individual employed by the area agency on aging, or available to such area agency on aging on a full-time basis, whose responsibilities will include--

(i) taking such action as may be appropriate to assure that counseling assistance is made available to such older individuals who are of limited English-speaking ability in order to assist such older individuals in participating in programs and receiving assistance under this Act; and (ii) providing guidance to individuals engaged in the delivery of supportive services under the area plan involved to enable such individuals to be aware of cultural sensitivities and to take into account effectively linguistic and cultural differences.

(16) The plan shall provide assurances that the State agency will require outreach efforts that will—

(A) identify individuals eligible for assistance under this Act, with special emphasis on-

(i) older individuals residing in rural areas;

(ii) older individuals with greatest economic need (with particular attention to low-income older individuals, including low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas);

(iii) older individuals with greatest social need (with particular attention to low-income older individuals, including low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas);

(iv) older individuals with severe disabilities;

(v) older individuals with limited English-speaking ability; and

(vi) older individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction (and the caretakers of such individuals); and

(B) inform the older individuals referred to in clauses (i) through (vi) of subparagraph (A), and the caretakers of such individuals, of the availability of such assistance.

(17) The plan shall provide, with respect to the needs of older individuals with severe disabilities, assurances that the State will coordinate planning, identification, assessment of needs, and service for older individuals with disabilities with particular attention to individuals with severe disabilities with the State agencies with primary responsibility for individuals with disabilities, including severe disabilities, to enhance services and develop collaborative programs, where appropriate, to meet the needs of older individuals with disabilities.

(18) The plan shall provide assurances that area agencies on aging will conduct efforts to facilitate the coordination of community-based, long-term care services, pursuant to section 306(a)(7), for older individuals who--

(A) reside at home and are at risk of institutionalization because of limitations on their ability to function independently;

(B) are patients in hospitals and are at risk of prolonged institutionalization; or

(C) are patients in long-term care facilities, but who can return to their homes if community-based services are provided to them.

(19) The plan shall include the assurances and description required by section 705(a).

(20) The plan shall provide assurances that special efforts will be made to provide technical assistance to minority providers of services.

(21) The plan shall--

(A) provide an assurance that the State agency will coordinate programs under this title and programs under title VI, if applicable; and

(B) provide an assurance that the State agency will pursue activities to increase access by older individuals who are Native Americans to all aging programs and benefits provided by the agency, including programs and benefits provided under this title, if applicable, and specify the ways in which the State agency intends to implement the activities.

(23) The plan shall provide assurances that demonstrable efforts will be made--(A) to coordinate services provided under this Act with other State services that benefit older individuals; and

(B) to provide multigenerational activities, such as opportunities for older individuals to serve as mentors or advisers in child care, youth day care, educational assistance, at-risk youth intervention, juvenile delinquency treatment, and family support programs.

(24) The plan shall provide assurances that the State will coordinate public services within the State to assist older individuals to obtain transportation services associated with access to services provided under this title, to services under title VI, to comprehensive counseling services, and to legal assistance.

(25) The plan shall include assurances that the State has in effect a mechanism to provide for quality in the provision of in-home services under this title.

(26) The plan shall provide assurances that funds received under this title will not be used to pay any part of a cost (including an administrative cost) incurred by the State agency or an area agency on aging to carry out a contract or commercial relationship that is not carried out to implement this title.

(27) The plan shall provide assurances that area agencies on aging will provide, to the extent feasible, for the furnishing of services under this Act, consistent with self-directed care.

Sec. 308, PLANNING, COORDINATION, EVALUATION, AND ADMINISTRATION OF STATE PLANS

(b)(3)(E) No application by a State under subparagraph (A) shall be approved unless it contains assurances that no amounts received by the State under this paragraph will be used to hire any individual to fill a job opening created by the action of the State in laying off or terminating the employment of any regular employee not supported under this Act in anticipation of filling the vacancy so created by hiring an employee to be supported through use of amounts received under this paragraph.

Sec. 705, ADDITIONAL STATE PLAN REQUIREMENTS (as numbered in statute)

(a) ELIGIBILITY.—In order to be eligible to receive an allotment under this subtitle, a State shall include in the state plan submitted under section 307--

(1) an assurance that the State, in carrying out any chapter of this subtitle for which the State receives funding under this subtitle, will establish programs in accordance with the requirements of the chapter and this chapter;

(2) an assurance that the State will hold public hearings, and use other means, to obtain the views of older individuals, area agencies on aging, recipients of grants under title VI, and other interested persons and entities regarding programs carried out under this subtitle;

(3) an assurance that the State, in consultation with area agencies on aging, will identify and prioritize statewide activities aimed at ensuring that older individuals have access to, and assistance in securing and maintaining, benefits and rights;

(4) an assurance that the State will use funds made available under this subtitle for a chapter in addition to, and will not supplant, any funds that are expended under any Federal or State law in existence on the day before the date of the enactment of this subtitle, to carry out each of the vulnerable elder rights protection activities described in the chapter;

(5) an assurance that the State will place no restrictions, other than the requirements referred to in clauses (i) through (iv) of section 712(a)(5)(C), on the eligibility of entities for designation as local Ombudsman entities under section 712(a)(5).

(6) an assurance that, with respect to programs for the prevention of elder abuse, neglect, and exploitation under chapter 3—

(A) in carrying out such programs the State agency will conduct a program of services consistent with relevant State law and coordinated with existing State adult protective service activities for--

(i) public education to identify and prevent elder abuse;

(ii) receipt of reports of elder abuse;

(iii) active participation of older individuals participating in programs under this Act through outreach, conferences, and referral of such individuals to other social service agencies or sources of assistance if appropriate and if the individuals to be referred consent; and

(iv) referral of complaints to law enforcement or public protective service agencies if appropriate;

(B) the State will not permit involuntary or coerced participation in the program of services described in subparagraph (A) by alleged victims, abusers, or their households; and

(C) all information gathered in the course of receiving reports and making referrals shall remain confidential except--

(i) if all parties to such complaint consent in writing to the release of such information;

(ii) if the release of such information is to a law enforcement agency, public protective service agency, licensing or certification agency, ombudsman program, or protection or advocacy system; or

(iii) upon court order...

State Plan Guidance Attachment A (Continued)

REQUIRED ACTIVITIES

Sec. 305 ORGANIZATION

(a) In order for a State to be eligible to participate in programs of grants to States from allotments under this title—. . .

(2) the State agency shall—

(G)(i) set specific objectives, in consultation with area agencies on aging, for each planning and service area for providing services funded under this title to low-income minority older individuals and older individuals residing in rural areas;

(ii) provide an assurance that the State agency will undertake specific program development, advocacy, and outreach efforts focused on the needs of low-income minority older individuals; and

(iii) provide a description of the efforts described in clause (ii) that will be undertaken by the State agency; . . .

Sec. 306 – AREA PLANS

(a) . . . Each such plan shall—(6) provide that the area agency on aging will—

(F) in coordination with the State agency and with the State agency responsible for mental and behavioral health services, increase public awareness of mental health disorders, remove barriers to diagnosis and treatment, and coordinate mental health services (including mental health screenings) provided with funds expended by the area agency on aging with mental health services provided by community health centers and by other public agencies and nonprofit private organizations;

(6)(H) in coordination with the State agency and with the State agency responsible for elder abuse prevention services, increase public awareness of elder abuse, neglect, and exploitation, and remove barriers to education, prevention, investigation, and treatment of elder abuse, neglect, and exploitation, as appropriate;

Sec. 307(a) STATE PLANS

(1) The plan shall—

(A) require each area agency on aging designated under section 305(a)(2)(A) to develop and submit to the State agency for approval, in accordance with a uniform format developed by the State agency, an area plan meeting the requirements of section 306; and (B) be based on such area plans.

Note: THIS SUBSECTION OF STATUTE DOES <u>NOT</u> REQUIRE THAT AREA PLANS BE DEVELOPED PRIOR TO STATE PLANS AND/OR THAT STATE PLANS DEVELOP AS A COMPILATION OF AREA PLANS.

(2) The plan shall provide that the State agency will --

(A) evaluate, using uniform procedures described in section 202(a)(26), the need for supportive services (including legal assistance pursuant to 307(a)(11), information and assistance, and transportation services), nutrition services, and multipurpose senior centers within the State;

(B) develop a standardized process to determine the extent to which public or private programs and resources (including volunteers and programs and services of voluntary organizations) that have the capacity and actually meet such need; ...

(4) The plan shall provide that the State agency will conduct periodic evaluations of, and public hearings on, activities and projects carried out in the State under this title and title VII, including evaluations of the effectiveness of services provided to individuals with greatest economic need, greatest social need, or disabilities (with particular attention to low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas).

Note: "PERIODIC" (DEFINED IN 45CFR PART 1321.3) MEANS, AT A MINIMUM, ONCE EACH FISCAL YEAR.

(5) The plan shall provide that the State agency will:

(A) afford an opportunity for a hearing upon request, in accordance with published procedures, to any area agency on aging submitting a plan under this title, to any provider of (or applicant to provide) services;

(B) issue guidelines applicable to grievance procedures required by section 306(a)(10); and (C) afford an opportunity for a public hearing, upon request, by an area agency on aging, by a provider of (or applicant to provide) services, or by any recipient of services under this title regarding any waiver request, including those under Section 316.

(6) The plan shall provide that the State agency will make such reports, in such form, and containing such information, as the Assistant Secretary may require, and comply with such requirements as the Assistant Secretary may impose to insure the correctness of such reports.

(8)(A) The plan shall provide that no supportive services, nutrition services, or in-home services will be directly provided by the State agency or an area agency on aging in the State, unless, in the judgment of the State agency--

(i) provision of such services by the State agency or the area agency on aging is necessary to assure an adequate supply of such services;

(ii) such services are directly related to such State agency's or area agency on aging's administrative functions; or

(iii) such services can be provided more economically, and with comparable quality, by such State agency or area agency on aging.

(12) The plan shall provide, whenever the State desires to provide for a fiscal year for services for the prevention of abuse of older individuals—

(B) the State will not permit involuntary or coerced participation in the program of services described in this paragraph by alleged victims, abusers, or their households; and

(C) all information gathered in the course of receiving reports and making referrals shall remain confidential unless all parties to the complaint consent in writing to the release of such

information, except that such information may be released to a law enforcement or public protective service agency.

(22) If case management services are offered to provide access to supportive services, the plan shall provide that the State agency shall ensure compliance with the requirements specified in section 306(a)(8).

Signature and Title of Authorized Official Date

APPENDIX 2: Attachment B - Information Requirements

INFORMATION REQUIREMENTS

Section 305 (a)(2)(E)

Describe the mechanism(s) for assuring that preference will be given to providing services to older individuals with greatest economic need and older individuals with greatest social need, (with particular attention to low-income older individuals, including low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas) and include proposed methods of carrying out the preference in the State plan;

Louisiana strives to serve all citizens who are over age 60 utilizing Title III funding without distinction of race or ethnicity. Preference for Title III services is given to individuals who have the greatest economic or social need with particular attention to low-income minority individuals, those who reside in rural areas of the state, those who are limited in their English speaking abilities and those who are of Native American descent.

Section 306(a)(I7)

Describe the mechanism(s) for assuring that each Area Plan will include information detailing how the Area Agency will coordinate activities and develop long-range emergency preparedness plans with local and State emergency response agencies, relief organizations, local and State governments and other institutions that have responsibility for disaster relief service delivery.

As a component of each AAA Area plan, an Emergency/Disaster Plan must be submitted to GOEA by April each year so that changes and modification may be done prior to hurricane season start (June 1). Each Emergency/Disaster Plan, once approved becomes a part of the AAA Area Plan. Each emergency/disaster plan must include mitigation strategies, safety procedures and recovery strategies for continuity of operations. Each AAA must identify local emergency personnel and are encouraged to meet with the emergency managers in each PSA in case of an emergency. Local Councils on Aging that provide transportation services coordinate evacuation transportation with the local emergency managers. The coastal agencies maintain an evacuation roster for those who they serve that need assistance with evacuation. Some coastal agencies have mitigated special shelter locations with other councils on aging that are not in the coastal region. Host agency of evacuated seniors will work with the evacuated agency to ensure the needs of the seniors are met during the time of the evacuation. Emergency/Disaster Plans in Louisiana are considered Hurricane Plans, but each AAA is required to identify any threats to the agency, staff, seniors that may interrupt service delivery or cause safety issues to the staff or clients.

GOEA has a state Disaster Plan (Appendix D), for continuity of operations and services. In addition to the SUA Disaster Plan, GOEA serves in a supportive capacity on the Louisiana State Emergency Operations Plan developed by the Governor's Office of Homeland Security and Emergency Preparedness (GOHSEP) and a support agency in Emergency Management (ESF5) and Emergency Public Information (ESF15). In 2006, the Emergency Management for Disabled and Elderly Coalition (EMDAC) was established and meets routinely on a quarterly basis. Members to this coalition include GOEA, Louisiana Department of Health and Hospitals, Louisiana Department of Social Services, AARP, ALS, New Horizons, LA Technology Assistive Network (LATAN), The American Red Cross, Advocacy Center, Louisiana Department of Social Services, ARC of Louisiana, Louisiana Rehabilitation Services and Governor's Office of Homeland Security-Office of Emergency Preparedness, Centene Corporation (a health care agency) and the New Orleans Mayor's Office of Emergency Preparedness. This coalition is part of the Louisiana delegation that participated in the June 2006 Emergency Management and Individuals with Disabilities and the Elderly Conference held in Washington DC. This conference was the response to the aftermath of Hurricane Katrina. This has created a bond with agencies who have individuals with special needs. EMDAC has established resources guides for the Red Cross shelter staff, shelter screening tools, emergency education materials and training modules to help teach disabled individuals, elderly individuals and caregivers how to develop their personal emergency plans. EMDAC is a voluntary coalition. In Spring of 2014 EMDAC held the first round table discussion with emergency managers, EMDAC and disabled/elderly individuals along with their caregivers. GOHSEP moderated the round table discussion. There were representatives from ALS, ARC, Elderly, Vocational Rehabilitation, GOHSEP and emergency responders in attendance. EMDAC members served in an observation capacity. The exercise walked the participants and the emergency managers thru 3 different types of emergencies and asked each participant how he/she would respond. The evaluation survey at the conclusion of the exercise reflects the exercise was beneficial to both the emergency managers and the participants who were caregivers, elderly or disabled. Due to budget constraints of the agencies participating with EMDAC, the roundtable has not been repeated. A training module has been developed for the coalition members to share with their own agency clients. The training module was first used in Jefferson and New Orleans parishes. Training sessions have been scheduled for the meal sites and senior centers for the Jefferson Council on Aging and New Orleans Council on Aging beginning June 2015. Coalition members will deliver the emergency training to the participants.

The Department of Health manages the emergency preparedness for the evacuation procedures for long term care facilities, but GOEA maintains contact with DHH in a state of emergency to ensure that the needs are met for the residents of the long term care facility.

GOEA staff attends training on Emergency Preparedness and provides training workshops, information, training and resources to the aging network thru e-mail, Elder News Publication and on the GOEA website.

Section 307(a)(2)

The plan shall provide that the State agency will:

(C) Specify a minimum proportion of the funds received by each area agency on aging in the State to carry out part B that will be expended (in the absence of a waiver under sections 306 (c) or 316) by such area agency on aging to provide each of the categories of services specified in section 306(a)(2) (Note: those categories are

access, in-home, and legal assistance). Provide specific minimum proportion determined for each category of service.)

As a component of each AAA area plan, each agency is required to demonstrate its allocation of the required five percent for access, in-home and legal assistance. This data is then captured on a budget page included in the area plan. GOEA has specific policy for the priority services:

Access Services	30%
In Home Services	15%
Legal Services	05%

These requirements are located in the GOEA Policy and Procedure Manual Subchapter B §1141 *which specifics the minimum percentage which will be allocated to the prioty service categories.*

Section 307(a)(3)

The plan shall:

(B) with respect to services for older individuals residing in rural areas:

- (i) provide assurances the State agency will spend for each fiscal year of the plan, not less than the amount expended for such services for fiscal year 2000.
- (ii) identify, for each fiscal year to which the plan applies, the projected costs of providing such services (including the cost of providing access to such services)
- (iii) describe the methods used to meet the needs for such services in the fiscal year preceding the first year to which such plan applies.

Each AAA receives annually at least as much funding as it received in year 2000. Year 2000 is the base for annual planning levels, and the difference between planning levels for the coming year and the base is calculated.

The land area in square miles factor is included to compensate area agencies serving predominantly rural areas for the special problems encountered by sparse populations who may be spread over large geographical areas. Assuming flat funding, the component of appropriations associated with land mass/rural population will be:

Federal Fiscal Year	Total Funding Associated with Land Mass/Rural
2019-20	\$5,338,103
2020-21	\$5,338,103
2021-22	\$5,338,103
2022-23	\$5,338,103

Section 307 (a)(10)

The plan shall provide assurance that the special needs of older individuals residing in rural areas are taken into consideration and shall describe how those needs have been met and describe how funds have been allocated to meet those needs.

GOEA has worked with the AAAs and the Louisiana aging network to provide service delivery to those older individuals who reside in rural areas of the state and will continue efforts for this plan. Partnership development with local community partners, non-profit agencies, churches, and other groups will be a priority for the aging network to meet the needs of the rural and/or isolated individuals who may be economically and/or socially challenged. Funding is dispersed based upon the IFF.

Section 307 (a)(14)

(14) The plan shall, with respect to the fiscal year preceding the fiscal year for which such plan is prepared ____

(A) Identify the number of low-income minority older individuals in the State, including the number of low income minority older individuals with limited English proficiency, and

According to the Aging Integrated Database (AGID) projection estimates for 2017, 9.4% of the age 60 plus individuals in Louisiana are below 100% of poverty. 90.3% speak English only with 9.7% speaking another language other than English and 2.8% of those that speak another language other than English have minimal English speaking abilities and do not speak English "very well".

- (B) Describe the methods used to satisfy the service needs of the low-income minority older individuals described in subparagraph (A), including the plan to meet the needs of low-income minority older individuals with limited English proficiency.
- Encourage and promote inclusion of the most needy economically challenged individuals are representatives of advisory councils at all levels (Local, regional and state)
- Continue the establishment of community focal points and/or service locations that provide easy access to services and health care options for the elderly and disabled individuals who may reside in rural areas, individuals of Native American descent and those with limited English speaking abilities.
- Assure sensitivity of the state unit on aging staff to the special service needs of the economically and social needy older persons in Louisiana
- Provide technical assistance and training to all aging service providers for increased business acumen (AAA's, COA's, ADRC's. etc)
- Enhance through extended outreach efforts to for Title VI and the Native American communities within Louisiana to include state and nationally recognized tribal residents
- Coordinate Title III and Title VI services for all eligible Louisiana citizens
- Provide special needs orientation to service staff and volunteers regarding the economically and socially needy older persons in Louisiana
- Continue and enhance partnerships with other state agencies and service providers to ensure information, resources and services reach the target populations
- Monitor and assess the AAA's in how they respond to the needs of the economically and socially needy older persons of the state which may include individuals who reside in

rural areas, individuals of Native American descent and those with limited English speaking abilities.

Section 307 (a)(21)

The plan shall:

(B) provide an assurance that the State agency will pursue activities to increase access by older individuals who are Native Americans to all aging programs and benefits provided by the agency, including programs and benefits provided under this title (Title III), if applicable, and specify the ways in which the State agency intends to implement the activities.

> Louisiana demographics reflect that under .5% of the elderly citizens are Native American. The service providers in Louisiana work with all community partners and programs to serve all who are age 60 or above regardless of ethnicity. In Louisiana there are only 4 federally (Chitimacha Tribe of Louisiana, Coushata Tribe of Louisiana, Jena Band of Choctaw and Tunica-Biloxi Tribe of Louisiana) recognized tribes and 11 state recognized tribes (Adai Caddo Indians of Louisiana, Choctaw-Apache Tribe of Ebarb, Four Winds Cherokee, Isle De Jean Charles Band of BCCM, Natchitoches Tribe of Louisiana, Bayou Lafourche Band of BCCM, Clifton Choctaw Tribe of Louisiana, Grand Caillou Dulac Band of BCCM, Louisiana Band of Choctaw, Point au Chien Tribe and United Houma Nation). Terrebonne AAA (United Houma Nation) has the largest Native American population in their service area, but this tribe is not federally recognized. Through partnership development and other programs, GOEA continues to encourage outreach and partnerships with the Native American citizens in Louisiana.

Section 307(a)(29)

The plan shall include information detailing how the State will coordinate activities, and develop long-range emergency preparedness plans, with area agencies on aging, local emergency response agencies, relief organizations, local governments, State agencies responsible for emergency preparedness, and any other institutions that have responsibility for disaster relief service delivery.

As a component of each AAA Area plan, an Emergency/Disaster Plan must be submitted to GOEA by April each year so that changes and modification may be done prior to hurricane season start (June 1). Each Emergency/Disaster Plan, once approved becomes a part of the AAA Area Plan. Each emergency/disaster plan must include mitigation strategies, safety procedures and recovery strategies for continuity of operations. Each AAA must identify local emergency personnel and are encouraged to meet with the emergency managers in each PSA in case of an emergency. Local Councils on Aging that provide transportation services coordinate evacuation transportation with the local emergency managers. The coastal agencies maintain an evacuation roster for those who they serve that need assistance with evacuation. Some coastal agencies have mitigated special shelter locations with other councils on aging that are not in the coastal region. Host agency of evacuated seniors will work with the evacuated agency to ensure the needs of the seniors are met during the time of the evacuation. Emergency/Disaster Plans in Louisiana are considered Hurricane Plans, but each AAA is required to identify any threats to the agency, staff, seniors that may interrupt service delivery or cause safety issues to the staff or clients. Louisiana has been victim of natural disasters in 2016 that were not the result of a named storm, but from flooding. The framework and preparation for emergency preparedness was instrumental in restoring service delivery across the state. The aging network in unaffected areas worked with the victim areas to expedite restoration of service delivery by donation of supplies, equipment, vehicles, clothing, office space, and monetary donations.

GOEA has a state Disaster Plan (Appendix D), for continuity of operations and services. In addition to the SUA Disaster Plan, GOEA serves in a supportive capacity on the Louisiana State Emergency Operations Plan developed by the Governor's Office of Homeland Security and Emergency Preparedness (GOHSEP) and a support agency in Emergency Management (ESF5) and Emergency Public Information (ESF15).

Section 307(a)(30)

The plan shall include information describing the involvement of the head of the State agency in the development, revision, and implementation of emergency preparedness plans, including the State Public Health emergency Preparedness and Response Plan

GOEA serves on emergency management committees to develop, recommend policy/procedural changes and exercise various State emergency preparedness, response and recovery plans. Currently GOEA staff is involved in providing round table exercises to train and prepare individuals who are elderly, disabled or are the caregivers of the elderly and/or disabled individuals. GOEA is a support agency in the Louisiana State Emergency Operations Plan developed by the Governor's Office of Homeland Security and Emergency Preparedness (GOHSEP) GOEA is charged in this state EOP to serve in Emergency Management (ESF5) and Emergency Public Information (ESF15).

Section 705(a)(7)

In order to be eligible to receive an allotment under this subtitle, a State shall include in the State plan submitted under section 307:

(7) a description of the manner in which the State agency will carry out this title in accordance with the assurances described in paragraphs (1) through (6).

(Note: Paragraphs (1) of through (6) of this section are listed below)

In order to be eligible to receive an allotment under this subtitle, a State shall include in the State plan submitted under section 307:

- (1) An assurance that the State, in carrying out any chapter of this subtitle for which the State receives funding under this subtitle, will establish programs in accordance with the requirements of the chapter and this chapter;
- (2) An assurance that State will hold public hearings, and use other means , to obtain the views of older individuals, area agencies on aging, recipients of grants under title VI, and other interested persons and entities regarding programs carried out under this subtitle;

- (3) An assurance that the State, in consultation with area agencies on aging, will identify and prioritize statewide activities aimed at ensuring that older individuals have access to, and assistance in securing and maintaining, benefits and rights;
- (4) An assurance that the State will use funds made available under this subtitle for a chapter in addition to, and will not supplant, any funds that are expended under any Federal or State law in existence on the day before the date of the enactment of this subtitle, to carry out each of the vulnerable elder rights protection activities described in the chapter;
- (5) An assurance that the State will place no restrictions, other than the requirements referred to in clauses (i) through (iv) of section 712(s)(5);
- (6) An assurance that, with respect to programs for the prevention of elder abuse, neglect, and exploitation under chapter 3
- (A) In carrying out such programs the State agency will conduct a program of services consistent with relevant State law and coordinated with existing State adult protective services for:
 - (i) Public education to identify and prevent elder abuse;
 - (ii) Receipt of reports of elder abuse;
 - (iii) Active participation of older individuals participating in programs under this Act through outreach, conferences, and referral of such individuals to other social services agencies or sources of assistance if appropriate and if the individuals to be referred consent; and
 - (iv) Referral of complaints to law enforcement or public protective services agencies if appropriate;
- (B) The State will not permit involuntary or coerced participation in the program of services described in subparagraph (A) by alleged victims, abusers, or their households; and
- (C) All information gathered in the course of receiving reports and making referrals shall remain confidential except
 - (i) If all parties to such complaint consent in writing to the release of such information;
 - (ii) If the release of such information is to a law enforcement agency, public protective services agency, licensing or certification agency, ombudsman program, or protection or advocacy system; or
 - (iii) Upon court order

GOEA assures they will comply with the above assurances. GOEA continues to monitor and review policies, procedures, and regulations to ensure that all services provided through the Older Americans Act comply with these and other requirements of the program.

APPENDIX 3: Interstate Funding Formula

IX (1305) Intrastate Funding Formula

- A. Intrastate Funding Formula
 - 1. The following is a descriptive summary of the current Intrastate Funding Formula's assumptions and goals, and the application of the definitions of greatest economic or social need and a demonstration of the allocation of funds, pursuant to the formula, to each PSA.
 - 2. Descriptive Statement
 - a. The current intrastate funding formula for the distribution of Older Americans Act Title III funds in Louisiana provides for a base allocation by parish. The following factors are considered in the distribution of funds remaining after base allocations are made: population aged 60 and over; population aged 60 and over below the Bureau of Census poverty threshold; population aged 75 and over; and land area in square miles. Each of these factors is derived by dividing the planning and service area total by the state total.
 - b. Population aged 60 and over, and land area in square miles is assigned weights of one (1) each. Population aged 60 and over below the Bureau of the Census poverty threshold is assigned a weight of nine-tenths.
 Population aged 75 and over is assigned a weight of one-tenth. The sum of these four factors is three (3).
 - c. Those elderly in greatest economic need are defined as persons aged 60 and older whose incomes are at or below the poverty threshold established by the Bureau of the Census. Those elderly in greatest social need are defined as persons aged 60 and over who have needs based on noneconomic factors such as social isolation caused by living in remote areas, or who are especially vulnerable due to the heightened possibility of frailty among elderly aged 75 and older. Other social needs are those, which restrict an elderly individual's ability to perform normal daily tasks, or which restrict his or her ability to live independently; they can be caused by racial or ethnic status or language barriers. The intra-state funding formula accounts for these individuals by not allocating funds solely on the basis of population. The land area in square miles factor is included to compensate area agencies serving predominantly rural areas for the special problems encountered by sparse populations who may be spread over large geographical areas. The four funding factors combined

to meet the special needs of socially and economically needy elderly, urban elderly and rural elderly.

- d. The base funding allocation of \$12,000 per parish is established on the assumption that this amount represents a minimum allocation for the administration of Older Americans Act programs. There is an increasing need to provide a continuum of care for the very old (aged 75 and older) as this segment of the population gets larger each year. Funding limitation dictate that this group is given special emphasis.
- 3. Numerical statement of the intrastate funding formula
 - a. Base allocation per PSA: \$12,000 per parish
 - b. Formula Allocation per PSA:

	Factors	Weight
i	PSA 50+Population	
	State 60+ Population	1.0
ii.	PSA 60+ Population below Poverty Threshold State 60	
	Population below Poverty Threshold	.9
iii.	PSA Land Mass in Square Miles	
	State Land Mass in Square Miles	1.0
iv.	PSA 75+ Population	
	State 75+ Population	.01
V		
	SUM	3.0

4. PSA FORMULA =
$$(iX1 + (ii) \times 0.9 + (iii) \times 1 = (iv) \times 0.1$$

3

AUTHORITY NOTE: Promulgated in accordance with R.S. 46:932(8)

HISTORICAL NOTE: Promulgated by the Office of the Governor, Office of Elderly Affairs, LR 19:1317 (October 1993), repealed and promulgated LR 23:1146 (September 1997) repealed LAC 4:VII 1315 and re-promulgated LAC 4:VII as 1305 LR 26:1611 (August 2000), repealed and promulgated LR 30:1696 (August 2004), LR 35:662 (April 2009), LR 37:320 (January 2011)

Louisiana's Older American Act Title III Allocation

For the period July 1, 2019 - June 30, 2020

	Federal	State	Total
	Allocation	Allocation	Allocation
	000 100	15 504	070 0 47
Beauregard Council on Aging	226,483	45,564	272,047
Bienville Council on Aging	155,425	92,093	247,518
Bossier Council on Aging	331,409	117,543	448,952
Caddo Council on Aging	684,927	402,648	1,087,575
Calcasieu Council on Aging	530,818	214,172	744,990
Caldwell Council on Aging	104,605	40,719	145,324
Cameron Council on Aging	179,552	43,592	223,144
Claiborne Council on Aging	146,820	39,578	186,398
DeSoto Council on Aging	197,495	108,729	306,224
East Baton Rouge Council on Aging	874,540	463,553	1,338,093
Jefferson Council on Aging	1,018,465	470,990	1,489,455
Jefferson Davis Council on Aging	172,800	66,285	239,085
Lafourche Council on Aging	342,522	150,058	492,580
Lincoln Council on Aging	157,259	145,702	302,961
Livingston Council on Aging	333,464	137,520	470,984
Morehouse Council on Aging	187,543	134,395	321,938
Natchitoches Council on Aging	259,108	129,019	388,127
New Orleans Council on Aging	939,909	638,236	1,578,145
Ouachita Council on Aging	433,972	283,912	717,884
Plaquemines Council on Aging	160,882	53,618	214,500
Red River Council on Aging	86,143	52,027	138,170
Sabine Council on Aging	187,521	71, 034	258,555
St. Bernard Council on Aging	126,046	108,397	234,443
St. Charles Council on Aging	131,860	64,446	196,306
St. James Area Agency on Aging	93,082	39,817	132,899
St. John Council on Aging	123,522	60,177	183,699
St. Tammany Council on Aging	625,401	190,754	816,155
Terrebonne Council on Aging	378,960	204,095	583,055
Vernon Council on Aging	249,112	74,242	323,354
Webster Council on Aging	197,237	141,942	339,179
West Carroll Council on Aging	87,629	58,893	146,522
Capital Area Agency on Aging	1,631,248	884,505	2,515,753
Cajun Area Agency on Aging	2,199,602	1,078,703	3,278,305
Cenla Area Agency on Aging	1,566,436	800,962	2,367,398
North Delta Regional Planning & Development Dist.	892,513	592,666	1,485,179

Totals

16,014,310

24,214,896

8,200,586

APPENDIX 4: DEMOGRAPHICS

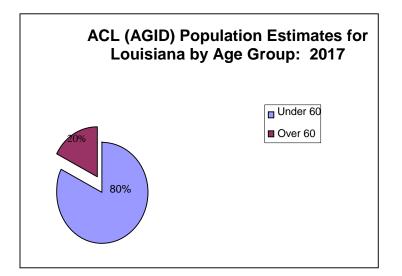
In 2016, Louisiana experiences two disaster events (March 2016 and August 2016) for which Louisiana residents statewide were affected with loss of property, some loss of life and an economic impact. In the March 2016 flooding event (FEMA-4263DR) there were 33 declared parishes (counties). The American Red Cross had over 3500 documented overnight stays in the 30 shelters across the state. The area agencies on aging provided 9883 emergency meals to both congregate and home delivered meals participants. The disaster funds received for this event was used to reimburse the AAA's for emergency meals in preparation of hurricane season (June 1). In the August flooding event (FEMA-4277DR), there were more than 108,000 homes that were not in a flood zone and had over 18" of water inside the structure. Of the 108,000 homes flooded, 3,004 were individual homes of low-income elderly residents. Both events were unnamed events of rain, which caused flash flooding across the state. Louisiana received 2 separate disaster grants totaling \$80,000 in funding for the areas that were federally declared. Funding in these projects reimbursed AAA's in the declared areas for replacement emergency meals, material aid items and nutritional supplements (boost, ensure, etc). GOEA continues to monitor weather events and other potential disaster events by participating in the Emergency Management for the Disabled and Aging Coalition on a monthly basis and is support function for the state's Emergency Operation Plan for response and recovery.

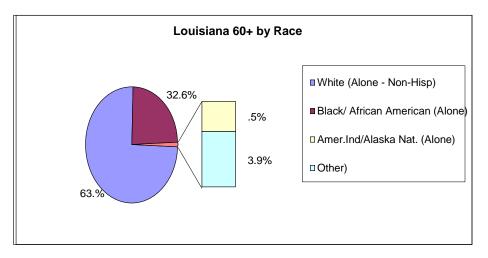
The 2017 Census projection profiles the general population and housing characteristics for Louisiana. The population estimate for the age 60 plus is 936,828 which is 20% of the total state population. The rural population for Louisiana estimated to be 26.9% of the 2010 Census data. 35 of Louisiana's 64 parishes are classified rural and urban areas have a mixed population of urban and rural. The most urban areas (under 20% of population in rural area) of the state are in the PSAs of Caddo Council on Aging, Cajun Area Agency on Aging, Calcasieu Council on Aging, East Baton Rouge Council on Aging, Jefferson Council on Aging and Saint John Council on Aging Other areas may have small urban populations, but the majority of the PSA is considered rural. 51.1% of the population in Louisiana are female. The racial statistics reflect 63.0% are Caucasian (white alone), 32.6% African American with other races making up the remaining 5%. The minority make-up for the 60 plus in Louisiana is 37%.

The 65 plus age group has 70% married, 11.7% widowed and 11.5% divorced and 5.4% never married. According to the American Fact Finder, Census, the 2017 projections for education demographics for age 45-64: 88.2% of the population of this age have a high school diploma or equivalency with and 30% having a Bachelor's Degree or higher. Of the population age 65 and over, 82.8% have a high school diploma or equivalency and 25.9% with a Bachelor's Degree or Higher. 91.9% of the Louisiana population only speak English. 45.7% of the total population are Grandparents responsible for grandchildren. There are 675,097 older persons who are disabled and not residing in a long-term care facility.

Poverty has been determined to be 14.7% of the total population in Louisiana with the median income of \$46,145. In 2018 there were an average of 866,790 residents in Louisiana receiving SNAP benefits.

All Ages	Under 60	60+
4,663,461	3,726,633	936,828
	80%	20%





The following chart represents the Census 2017 American Fact Finder for the 60+ for states surrounding Louisiana.

STATE	60+ Population	60+ Percentage of Total Population
Louisiana	936,828	20%
Alabama	1,124,581	23%
Arkansas	684,357	22.7%
Mississippi	651,498	21.8%
New Mexico	485,969	23.2%
Oklahoma	838,306	21.3%

APPENDIX 5: STATE DISASTER PLAN

LA GOVERNOR'S OFFICE OF ELDELRY AFFAIRS EMERGENCY/DISASTER PLAN

AGENCY GOAL

The goal of the Louisiana State Unit on Aging- Governor's Office of Elderly Affairs (**GOEA**)in an emergency situation is to remain calm, provide assistance, coordinate services, and play a **leadership role** to the aging services network providers in the event disaster strikes anywhere in the state of Louisiana.

AGENCY OBJECTIVES

The objectives of **GOEA** in a disaster or emergency are:

- 1. A more **READY** and **RESILIENT** staff and aging services network providers in an emergency or disaster.
- 2. Continuity of **GOEA** operation to provide immediate assistance to the aging services network providers in an emergency or disaster.
- 3. **Restoration** of aging services network services as soon as possible following an emergency or disaster.

EMERGENCY REPONSE PRIOR TO AN EMERGENCY

The following measures will be implemented in order to prepare for an emergency/disaster.

- 1. GOEA Unit Managers will develop an Emergency Plan for his/her unit addressing essential operations, staff roles and responsibilities.
- 2. GOEA Unit Managers will collaborate with Disaster Coordinator to educate and/or train GOEA staff to fulfill designated roles and responsibilities pre/post emergency/disaster.
- 3. Disaster Coordinator will engage aging services network providers in preparedness training and community preparedness outreach/education.
- 4. GOEA staff and aging services network providers shall participate in emergency/disaster prevention or preparedness activities, drill(s) and exercise(s) to allow for a more resilient state unit on aging.
- 5. GOEA staff and aging services network providers shall establish and maintain a **Communication/Telephone Tree** for notification during the alert and response phase of an emergency or disaster.

6. Disaster Coordinator and Safety Coordinator will maintain a copy of the emergency manual, a first aid kit, and emergency kit. Emergency kit to include: flashlight, battery-operated radio, staff name badge copies, clean up supplies and rubber gloves.

RESPONSE PHASE-ALERT

The following outlines the responsibilities of **GOEA** staff upon notification of an emergency/disaster.

Following the Alert phase, the Executive Director or Deputy Assistant Secretary will:

- 1. Before Emergency Operations Center (EOC) activation, make all communications with the Governor's Office, <u>GOEA Unit Managers</u>, and other state agency partners to assure coordination of status reports and resource availability and issue directives accordingly.
- 2. Ensure that GOEA have assigned staff as appropriate and that communication and record-keeping are in place.

Following the directives of the Executive Director or Deputy Assistant Secretary, GOEA Unit Managers will:

- 1. Communicate with staff about emergency notification and task.
- 2. Activate Communication/Telephone Tree (Disaster Coordinator will update and maintain staff contact information).
- 3. Ensure that GOEA "critical" equipment and supplies are secured.
- 4. Ensure that all "essential" documents/files are back-up and secured.

RESPONSE-During emergency/disaster

GOEA responsibility during a disaster/emergency is to prepare to meet the immediate needs of the aging service network providers impacted. This includes agency response to ensure agency continuity of operations.

- 1. When alerted of an impending or potential disaster/emergency, it will be the immediate responsibility of any or all **GOEA staff** to contact their **Unit Manager** for guidance and directives. In the **absence** of the **Unit Manager**, the **Deputy Assistant Secretary** must be contacted.
- 2. <u>Activation of Communication/Telephone Log</u> In the event telephones are inoperable, text messaging or email shall be used instead.
- 3. **GOEA staff** must be accessible and ready to respond to the aging services network providers' needs.

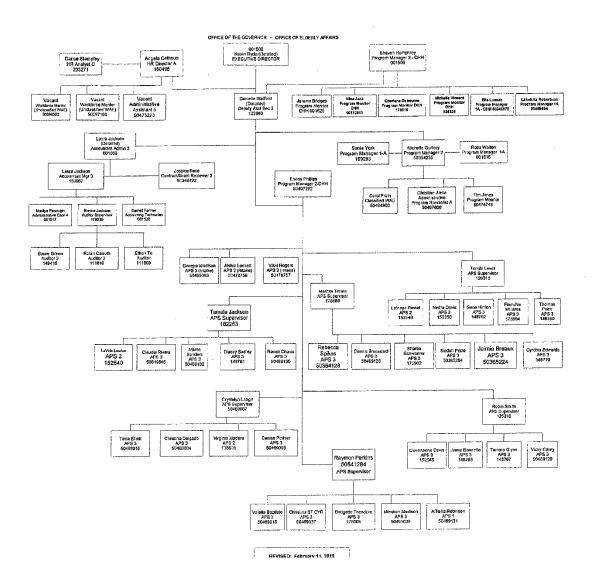
4. The **Disaster Coordinator** shall obtain status report(s) of impacted areas and provide critical data to the HCBS Unit/Program Monitors and management as needed.

RECOVERY PHASE

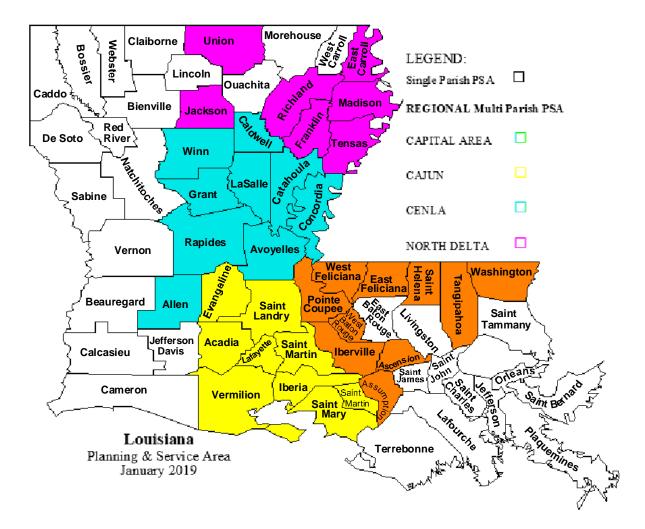
GOEA will collaborate and coordinate resources available to the aging services network during the Recovery Phase to assist elderly in re-establishing their lives.

- Following the emergency/disaster, a report and/or operations evaluation will be prepared, including but not limited to the following: Type/scope and location of the disaster/emergency Numbers of seniors impacted Services provided, resources utilized and phone log
- The AAA Director will communicate identified needs to GOEA and must notify the GOEA Disaster Coordinator within 24 hours, and provide the following information: Number of seniors affected Services needed Description of services Need for relocating services
- 3. Disaster Coordinator will compile statistical data of impacted area(s) and submit to Compliance and Planning Unit Manager within 24-hours and daily thereafter.
- 4. Compliance and Planning Unit will compile GOEA report to the Administration on Community Living (ACL)/Administration on Aging (AoA) and agency status report to GOEA Management.

APPENDIX 6: ORGANIZATIONAL CHARTS



APPENDIX 7: STATE PSA MAP



APPENDIX 8: AREA AGENCIES ON AGING

PSA	Area Agency on Aging
01	Beauregard Council on Aging, P.O. Box 534, Deridder, LA 70634-0534
•=	E-Mail: ttuckercbcoa@att.net Business: 337-463-6578
02	Bienville Council on Aging, 2705 Beech Street, Arcadia, LA 71001
• -	E-Mail: <u>biencoa@bayou.com</u> Business: 318-263-8936
03	Bossier Council on Aging, 706 Bearkat Drive, Bossier City, LA 71111-4568
	E-Mail: tcrane@bossiercoa.org Business: 318-741-7358
04	Caddo Council on Aging, 1700 Buckner Street, Suite 240, Shreveport, LA 71101-6422
	E-Mail: ccoa@caddocoa.org Business: 318-632-2090
	Website: www.caddocouncilonaging.org
05	Calcasieu Council on Aging, 3950 Hwy 14, Lake Charles, LA 70605
	E-Mail: jgreen@calcoa.org Business: 337-471-2583
	Website: www.swlamall.com/agingwell
06	Caldwell Parish Council on Aging, 307 Main Street, P.O. Box 1498, Columbia, LA 71418
	E-Mail: dottie@caldwellcoa.org Business: 318-649-2584
	Website: www.caldwellcoa.org
07	Cameron Council on Aging, 965 Hwy 384, Lake Charles, LA 70607
	E-Mail: dinahlandry@yahoo.com Business: 337-598-5158
08	Claiborne Council on Aging, 608 E, 4 th Street, P.O. Box 480, Homer, LA 71040-0480
	E-Mail: <u>sbryant@claibornecouncilonaging.org</u> Business: 318-927-6922
09	DeSoto Council on Aging, 404 Polk Street, P.O. Box 996, Mansfield, LA 71052
	E-Mail: dcoa@bellsouth.net Business: 318-872-3700
10	East Baton Rouge Council on Aging, 5790 Florida Blvd, Baton Rouge, LA 70806
	E-Mail: <u>tamar@ebrcoa.org</u>
11	Jefferson Council on Aging, 6620 Riverside Drive, Ste 216, P.O. Box 73769, Metairie, LA
	70003 E-Mail: arobichaux@jcoa.net Business: 504-888-5880
12	Lafourche Council on Aging, 4876 Hwy 1, P.O. Box 500, Raceland, LA 70394-0500
	E-Mail: lafcoadirector@viscom.net Business: 985-537-3492
10	Website: www.lafourchecoa.org
13	Lincoln Council on Aging, 1000 Saratoga Street, P.O. Box 1058, Ruston, LA 71273-1058 E-Mail: <u>mdwright@suddenlinkmail.com</u> Business: 318-255-5070
15	Morehouse Council on Aging, 200 Elm Street, P.O. Box 1471, Bastrop, LA 71221-1471
13	E-Mail: reggiedir@bellsouth.net Business: 318-283-0845
	Website: www.morehousecoa.org
16	Natchitoches Council on Aging, 1016 Keyser Avenue, P.O. Box 2083, Natchitoches, LA
10	71458
	E-Mail: Npcoa@cp-tel.net Business: 318-357-3250
17	New Orleans Council on Aging, 2475 Canal Street, 4 th Floor, P.O. Box 19067, New Orleans,
	LA 70119 E-Mail: hrodgers@nocoa.org Business: 504-821-4121
	Website: www.nocoa.org
18	Ouachita Council on Aging, 2407 Ferrand Street, P.O. Box 14363, Monroe, LA 71201
	E-Mail: aging@centrytel.net Business: 318-387-0535
	Website: www.ouachitacoa.com
19	Plaquemines Council on Aging, 278 Civic Drive, P.O. Drawer 189, Port Sulphur, LA 70083
	E-Mail: dlewis@ppcoa.net Business: 985-564-0600
20	Red River Council on Aging, 1825 Front Street, P.O. Drawer 688, Coushatta, LA 71019

	E-Mail: rrcoa2@bellsouth.net Business: 318-923-5721
21	Sabine Council on Aging, 200 Legacy Drive, Many, LA 71449
	E-Mail: jmorrow@sabinecoa.org Business: 318-256-4140
22	Saint Bernard Council on Aging, 8201-A West Judge Perez Drive, Chalmette, LA 70043
	E-Mail: <u>stbernardcoa@yahoo.com</u> Business: 504-278-7335
23	Saint Charles Council on Aging, 626 Pine Street, Suite A, Hahnville, LA 70057
	E-Mail: <u>akeller@stcharlescoa.com</u> Business: 985-783-6683
24	Saint James Parish Dept. of Human Resources, P.O. Box 87, Convent, LA 70723
	E-Mail: <u>Suewon.narcisse@stjamesparishla.gov</u> Business: 225-562-2302
25	Saint John Council on Aging, 214 Regala Park Road, Reserve, LA 70084
	E-Mail: <u>cherylp@rtconline.com</u> Business: 985-652-3660
26	Saint Tammany Council on Aging, 72060 Ramos Drive, P.O. Box 171, Covington, LA 70433
	E-Mail: Julie@coastseniors.org Business: 985-892-0377
	Website: www.coastseniors.org
28	Terrebonne Council on Aging, 995 West Tunnel Blvd, Houma, LA 70360
	E-Mail: dianae@terrebonnecoa.org Business: 985-868-7701
	Website: <u>www.terrebonnecoa.org</u>
29	Webster Council on Aging, 1482 Sheppard Street, P.O. Box 913, Minden, LA 71055
	E-Mail: wpcoa@yahoo.com Business: 318-371-3056
30	West Carroll Council on Aging, 207 East Jefferson Street, P.O. Box 1058, Oak Grove, LA
	71263
	E-Mail: wccoa71263@yahoo.com Business: 318-428-4217
31	Capital Area Agency on Aging, 6554 Florida Blvd, Ste. 221, P.O. Box 66038, Baton Rouge, LA
	70896-6038 E-Mail:Smerrick@capitalaaa.orgBusiness:225-922-2525Mail:Smerrick@capitalaaa.orgSmerrick@capitalaaa.orgSmerrick@capitalaaa.org
	Website: www.capitalaaa.org
	Parishes: Ascension, Assumption, East Feliciana, Iberville, Pointe Coupee, Saint Helena, Tangipahoa, Washington, West Baton Rouge and West Feliciana
32	CENLA Area Agency on Aging, 1423 Peterman Drive, P.O. Box 13027, Alexandria, LA
52	71315-3027 E-Mail: joycethompson@cenlaaging.org Business: 318-484-2260
	Website: www.cenlaaging.org
	Parishes: Allen, Avoyelles, Catahoula, Concordia, Grant, LaSalle, Rapides and Winn
33	Cajun Area Agency on Aging, 110 Toledo Drive, P.O. Box 60850, Lafayette, LA 70506
	E-Mail: <u>cajnaaa@lusfiber.net</u> Business: 337-572-8940
	Website: www.cajunaaa.org
	Parishes: Acadia, Evangeline, Iberia, Lafayette, Saint Landry, Saint Martin, Saint Mary and
	Vermilion
34	North Delta Area Agency on Aging, 3000 Kilpatrick Blvd, Monroe, LA 71201
	E-Mail: cora@notrhdelta.org Business: 318-387-2572
	Website: www.northdelta.org
	Parishes: East Carroll, Franklin, Jackson, Madison, Richland, Tensas and Union
35	Livingston Council on Aging, 949 Government Drive, P.O. Box 658, Denham Springs, LA
	70727 E-Mail: director@livingstoncoa.com Business: 225-664-9343
	Website: www.livingstoncouncilonaging.com
36	Vernon Council on Aging, 200 N. Third Street, Leesville, LA 71446-0275
	E-Mail: vcoa1@bellsouth.net Business: 337-239-4361
38	Jefferson Davis Council on Aging, 210 South State Street, P.O. Box 734, Jennings, LA 70546
	E-Mail: <u>hlangley@bellsouth.net</u> Business: 337-824-5504

APPENDIX 9: COMMUNITY & PUBLIC HEARING MEETINGS

The Louisiana state plan for 2020-2024 was developed through strategic planning and utilizing SWOT analysis from GOEA management and stakeholders. Community and Public hearings were held statewide by the area agencies on aging at the local levels. The community and public hearings were held to r

-affirm and identify needs for the elderly population in Louisiana. The top three needs identified were:

- 1. Information & Assistance/Resources
- 2. Meals: Home Delivered Meals /Congregate Meals
- 3. Transportation Services

Other services identified were for in-home services such as Homemaker, Personal Care Assistance, Respite, Sitter, Legal Services, Home Repairs, Exercise, Recreation, Protective Services (Exploitation, Neglect, Abuse), Affordable Housing, and to have a senior center near their home.

The state plan will be posted to the GOEA website for public review and is considered a living plan to be used as a guideline to direct services to the elderly citizens of Louisiana.

This public document was published at a total cost of \$54.56. Twenty copies of this public document were published in this printing. This document was published by the Governor's Office of Elderly Affairs, Post Office Box 61, Baton Rouge, LA 70821, to provide information regarding the plan for services to the network of agencies that provide senior services. This material was printed in accordance with the standards for printing by state agencies established pursuant to R.S. 43:31.