

8-7-10

DR. LORING:

ON BEHALF OF MY SELF, MY WIFE AND
FELLOW CLASS MEMBERS, PLEASE ACCEPT MY
GRATITUDE FOR AN EXCELLENT SYMPOSIUM
ON LIVING LIFE WITH A CHRONIC CONDITION
USING YOUR BOOK AND TRAINING METHODS.
THE TWO INSTRUCTORS, CARRIE AND SUSAN
DID A SUPERB JOB INSTRUCTING US.

THEY TOOK A SMALL CLASS OF EDERLY
PEOPLE THAT WERE DIVERSE AND HARD
TO INFLUENCE, AND GAVE US NEW
HEALTH VALUES. THEY ~~H~~ELPED US SET
REALISTIC GOALS AND GAVE US THE
DESIRE TO WORK HARD AND ACHIEVE
A HEALTHIER LIFE STYLE. THE CLASS
WAS MOST PRODUCTIVE!

SINCERELY

Robert & Rowena