

Your Life, Your Health

WORKSHOP REGISTRATION



**Yes, I am interested in
Feeling Better!
Being in Control!
Doing the things I want to do!**

Name: _____

Address: _____

City: _____ State _____ ZIP _____

Phone number: (____) _____ - _____

Chronic condition (s) _____

Contact us for more information or mail this form
to us at the address on the other side.

If you live in or near:

Allen	Natchitoches
Avoyelles	Ouachita
Catahoula	Rapides
Concordia	Sabine
Evangeline	Tensas
Franklin	Vernon
Grant	Winn
LaSalle	

Call: *CENLA Area Agency on Aging*
1423 Peterman Drive.
P.O. Box 13027
Alexandria, LA 71315

1-800-454-9573 or 318-484-2260
FAX 318-484-2266

Email: HealthyLiving@cenlaaging.org

If you live in or near:

Ascension	St. Helena
Assumption	St. Tammany
E. Baton Rouge	Jefferson
W. Baton Rouge	Pointe Coupee
E. Feliciana	St. James
W. Feliciana	Tangipahoa
Iberville	Washington
Livingston	

Call: Susan

Capital Area Agency on Aging
6554 Florida Blvd., Ste. 221
P.O. Box 66038
Baton Rouge, LA 70896

1-800-833-9883 or 225-922-2525
Fax 225-922-2528

Email: sdemers@capitalaaa.org