

## Services – Aging Network

**NOTICE - PROVISION OF SERVICES: EACH COUNCIL ON AGING DOES NOT PROVIDE ALL OF THE SERVICES LISTED. IN ORDER TO DETERMINE THE SERVICES THAT ARE PROVIDED IN YOUR AREA, CONTACT YOUR LOCAL COUNCIL ON AGING.**

Access Council on the following link. [Parish Council on Aging](#)

***Adult Day Care*** – Provision of personal care for dependent adults in a supervised, protective, congregate setting during some portion of a twenty-four hour day. Services offered in conjunction with adult day care typically include social recreational activities, training, counseling, and meals

***Adult Day Health Care*** - Provision of personal care for dependent adults in a supervised, protective, congregate setting during some portion of a twenty-four-hour day. Services offered in conjunction with adult day care typically include social recreational activities, training, counseling, meals, rehabilitation, medications= assistance and limited personal care services

***Assisted Transportation*** – Provision of assistance, including escort, to a person who has difficulties (physical or cognitive) using regular vehicular transportation.

***Case Management*** - Assistance either in the form of access or care coordination in circumstances where the older person and/or their caregivers are experiencing diminished functioning capacities, personal conditions or other characteristics which require the provision of services by formal service providers. Activities of case management include assessing needs, developing care plans, and authorizing services, arranging services, coordinating the provision of services among providers, follow-up and reassessment, as required.

***Chore*** - Providing assistance to persons having difficulty with one or more of the following instrumental activities of daily living: heavy housework, yard work or sidewalk maintenance.

***Congregate Meals*** - Provision, to an eligible client or other eligible participant at a nutrition site, senior center or some other congregate setting, of a meal.

***Home Delivered Meals*** - A meal provided to a qualified individual who is homebound.

***Homemaker*** - Provide assistance to persons with the inability to perform one or more of the following instrumental activities of daily living: preparing meals, shopping for personal items, managing money, using the telephone or doing light housework.

***Information and Assistance*** - A service for older individuals that provides the individuals with current information on opportunities and services available to the individuals within their communities, including information relating to assistive technology.

**Legal Assistance**—Provision of legal advice, counseling and representation by an attorney or other person acting under the supervision of an attorney.

**Nutrition Counseling** - Provision of individualized advice and guidance to individuals, who are at nutritional risk, because of their health or nutritional history, dietary intake, medications use or chronic illnesses, about options and methods for improving their nutritional status, performed by a health professional in accordance with state law and policy.

**Nutrition Education**—A program to promote better health by providing accurate and culturally sensitive nutrition, physical fitness, or health (as it relates to nutrition) information and instruction to participants or participants and caregivers in a group or individual setting overseen by a dietitian or individual of comparable expertise.

**Outreach**—Interventions initiated by an agency or organization for the purpose of identifying potential clients (or their caregivers) and encouraging their use of existing services and benefits.

**Personal Care**—Providing personal assistance, stand-by assistance, supervision or cues for persons with the inability to perform with one or more of the following activities of daily living: eating, dressing, bathing, toileting, transferring in and out of bed/chair or walking.

**Transportation** - Provision of a means of going from one location to another, does not include any other activity.

**Counseling** - Counseling by a professional counselor in either an individual or group session.

**Crime Prevention Services** - Efforts to educate citizens in ways to protect their property and persons.

**Home Repair / Modifications** - Repairs and/or changes to existing structures to include accessible modifications an minor repairs, e.g. handrails, ramps, door locks, electrical fixtures, appliances. Time spent in actual modification repairs shall be counted as a unit of service.

**Material Aid** - Issuing assistive devices and other goods, e.g., Walkers, wheelchairs, fans, commodities, personal hygiene items.

**Medication Management** - Activities designed to provide services which will support and/or improve the older persons mental and/or physical well-being, e.g., exercise/physical fitness, health screening.

**Medical Alert** - Providing Emergency Response Systems (ERS) to older persons.

**Placement Services** - Facilitate arrangements for needed living quarters.

**Public Education** - Basic, remedial, or continuing education services to assist individuals to acquire knowledge about services and/or skills suited to their own needs and/or caregiving role and needs.

**Recreation** - Providing individual and group activities that promote social interaction and well-being.

**Sitter Services** - A supervisory and companion service provided in a home setting to ensure the health and safety of the individual. It includes observing, conversing, providing food for the individual, etc.

**Telephoning** - Contacting individuals by phone on a routine basis to determine physical status, to provide comfort and help.

**Utility Assistance** -- Determining an older individual's need for utility assistance and providing financial assistance to the individual.

**Visiting** – Visiting in the home of older individuals providing comfort, encouragement, listening, fellowship, etc. **Visiting** – Visiting in the home of older individuals providing comfort, encouragement, listening, fellowship, etc.

**Wellness** - Activities designed to provide services which will support and/or improve the older person's mental and/or physical well being, e.g., exercise/physical fitness, health screening.

**NFCSP (National Family Caregiver Support Services) Public Education** – Basic, remedial, or continuing education services to assist individuals to acquire knowledge about services and/or skills suited to their needs and/or caregiving role and needs. This service is in a group setting. It includes contacts with several current or potential clients/caregivers. Examples of activities that qualify as this service are providing educational seminars or the lending or showing of educational tapes, and distributing brochures.

**NFCSP (National Family Caregiver Support Services) Individual Counseling** – Counseling to caregivers to assist them in making decisions and solving problems relating to their caregiver roles. This includes counseling to individuals, support groups, and caregiver training (of individual caregivers and families).

**NFCSP(National Family Caregiver Support Services) Support Groups** – A group of persons who meet together for fellowship and to share their experiences, strengths, hopes and difficulties with each other so that they may solve common problems and help fellow caregivers.

**NFCSP (National Family Caregiver Support Services) Adult Day Care** – Provision of personal care for dependent adults in a supervised, protective, congregate setting during some portion of a twenty-four hour day. Services offered in conjunction with adult day care typically include social recreational activities, training, counseling, and meals.

**NFCSP (National Family Caregiver Support Services) Adult Day Health Care** – Provision of personal care for dependent adults in a supervised, protective, congregate setting during some portion of a twenty-four-hour day. Services offered in conjunction with adult day care typically

include social recreational activities, training, counseling, meals, rehabilitation, medications' assistance and limited personal care services.

***NFCSP (National Family Caregiver Support Services) Group Respite*** – An established social-model adult day service program designed to provide a temporary break in the tasks of caregiving and offer information, education and other supportive services. They also attempt to improve patients' cognitive and social abilities by providing a secure environment and opportunities to socialize.

***NFCSP (National Family Caregiver Support Services) Individual Care Support*** – The caregiver hires, trains and manages this employee to provide care and support for the individual being cared for.

***NFCSP (National Family Caregiver Support Services) In-Home Respite*** - Services which offer temporary, substitute supports or living arrangements for care recipients in order to provide a brief period of relief or rest for caregivers.

***NFCSP (National Family Caregiver Support Services) Institutional Respite*** – A temporary, alternative living arrangement for older persons in a hospital, nursing home or other licensed facility on an intermittent, occasional or emergency basis.

***NFCSP (National Family Caregiver Support Services) Material Aid*** – Issuing assistive devices and other goods, e.g., walkers, wheelchairs, fans, commodities, personal hygiene items.

***NFCSP (National Family Caregiver Support Services) Sitter Service*** – A supervisory and companion service provided in a home setting to ensure the health and safety of the individual. Includes observing, conversing, providing food for the individual, etc.

***NFCSP (National Family Caregiver Support Services) Chore*** – Providing assistance to persons having difficulty with one or more of the following instrumental activities of daily living: Heavy housework, Yard work or sidewalk maintenance

***NFCSP (National Family Caregiver Support Services) Home Repair / Modifications*** – Repairs and/or changes to existing structures to include accessible modifications and minor repairs, e.g. handrails, ramps, door locks, electrical fixtures, appliances. Time spent in actual modification repairs shall be counted as a unit of service.