

Index of Evidence Based Programs in Louisiana

Evidence Based Wellness Programs in Louisiana

updated 7/21/2015

Area Agency on Aging	IIID Evidence Based Program
Allen	Chronic Disease Self Management Program
Beauregard	Matter of Balance
Bienville	Chronic Disease Self Management Program
Bossier	Zumba & Zumba Gold
Caddo	Balance and Fall Prevention program
Cajun	Matter of Balance
Calcasieu	<ul style="list-style-type: none">• Chronic Disease Self Management Program• Diabetes Self Management Program• Matter of Balance
Caldwell	<ul style="list-style-type: none">• Tai Chi - Moving for Better Balance• Matter of Balance
Cameron	Chronic Disease Self Management Program
Capital	<ul style="list-style-type: none">• Chronic Disease Self Management Program• Matter of Balance
Cenla	<ul style="list-style-type: none">• Chronic Disease Self Management Program• Matter of Balance• Falls Prevention
Claiborne	Arthritis Foundation Walk with Ease Program
DeSoto	Chronic Disease Self Management Program
East Baton Rouge	<ul style="list-style-type: none">• Chronic Disease Self Management Program• Diabetes Self Management• Matter of Balance
Jefferson	Matter of Balance
Jefferson Davis	Chronic Disease Self Management Program

Lafourche	Stay Active & Independent for Life
Lincoln	Arthritis Foundation Walk with Ease Program
Livingston	Diabetes Self Management Program
Morehouse	Arthritis Foundation Walk with Ease Program
Natchitoches	Arthritis Foundation Walk with Ease Program
New Orleans	Matter of Balance
North Delta	Arthritis Foundation Walk with Ease Program
Ouachita	Arthritis Foundation Walk with Ease Program
Plaquemines	Matter of Balance
Red River	Arthritis Foundation Walk with Ease Program
Sabine	Zumba Gold
St. Bernard	Matter of Balance
St. Charles	Arthritis Foundation Walk with Ease Program
St. James	Diabetes Self Management
St. John	Arthritis Foundation Walk with Ease Program
St. Tammany	Stay Active & Independent for Life
Terrebonne	Arthritis Foundation Walk with Ease Program
Vernon	Chronic Disease Self Management Program
Webster	Arthritis Foundation Walk with Ease Program
West Carroll	Arthritis Foundation Walk with Ease Program