

## IIID Funding/Evidence Based Programs

### AOA Requires Title IIID Funding to be used only for Evidence Based Programs

Title IIID of the OAA was established in 1987. It provides grants to States and Territories based on their share of the population aged 60 and over for programs that support healthy lifestyles and promote healthy behaviors. Evidence-based disease prevention and health promotion programs reduce the need for more costly medical interventions.

Learn about [Older Americans Act Title III-D Disease Prevention and Health Promotion](#)

### About Evidence-Based Programs (EBPs)

#### **About Evidence-Based Programs**

Evidence-based programs (EBPs) offer proven ways to promote health and prevent disease among older adults.

They are based on research and provide documented health benefits, so you can be confident they work. Older adults who participate in EBPs can lower their risk of chronic diseases and falls—or improve long-term effects of chronic diseases or falls.

Evidence-based programs are now required by The Governor's Office of Elderly Affairs.

### Selecting and Implementing the EBP (Evidence Based Program) to meet the needs of your own seniors

To select the right EBP, you must identify the best program fit, which is the match between needs, resources and characteristics of a program. What might be the type of program that is most appropriate for your community's needs? Assess your organization's capacity: financial resources, organizational capacity, and participant interests. Search program registries to select the program that matches your community needs, your organization's available resources, and available programs.

- Planning for the program that best suits seniors in your own PSA:  
[www.ncoa.org/center-for-healthy-aging/basics-of-evidence-based-programs/offering-evidence-based-programs/program-planning](http://www.ncoa.org/center-for-healthy-aging/basics-of-evidence-based-programs/offering-evidence-based-programs/program-planning)
- Getting started; Implementing your agency's new Evidence Based Program:  
[www.ncoa.org/center-for-healthy-aging/basics-of-evidence-based-programs/offering-evidence-based-programs/implementation](http://www.ncoa.org/center-for-healthy-aging/basics-of-evidence-based-programs/offering-evidence-based-programs/implementation)
- [http://www.nrepp.samhsa.gov/Courses/Implementations/NREPP\\_0101\\_0010.html](http://www.nrepp.samhsa.gov/Courses/Implementations/NREPP_0101_0010.html)
- EBPs allowed by Governor's Office of Elderly Affairs:
  - This chart contains all the highest-level criteria evidence-based disease prevention and health promotion programs that have undergone the Administration for Community Living Administration on Aging's Older Americans Act Title IIID program submission process. These programs that meet [highest-level criteria for Title III-D funding](#)
  - <http://www.cdc.gov/homeandrecreationalafety/Falls/compendium.html>
  - <http://www.nrepp.samhsa.gov/>
  - <http://ccplanet.cancer.gov/>